

# Twin Cities Academy (TCA)

HOT LUNCH		JANUARY 25-26		PRICES: STUDENT - No Charge, ADULT - \$5.50	
SERVED DAILY					
Regular Entrée and/or Meatless/Vegetarian Entree and/or Cold Sandwich of the Day (SOD)					
Salad - Chopped Romaine, Spinach, Shredded Lettuce, Iceberg, OR Spring Mix					
Veggies - Carrot, Broccoli, Celery, Cucumber, Tomatoes, Cauliflower, OR Vegetable Juice					
Fruits - Variety of Apples, Orange, Pear, Banana, Fruit Cups, Raisins, Craisins, OR Seasonal Fruits					
Milk - Variety of Milk, including Skim					
Monday	Tuesday	Wednesday	Thursday	Friday	
Jan 5	Jan 6	Jan 7	Jan 8	Jan 9	
Orange Glazed Chicken Steamed Rice Salad, Veggies, Fruit, Milk	Cheeseburger Baked Beans Veggies, Fruit, Milk	Chicken Strips Dinner Roll & Rotato Wedges Salad, Fruit, Milk	Beef Lasagna Garlic Toast Veggies, Fruit, Milk	Pizza  Salad, Veggies, Fruit, Milk	
Jan 12	Jan 13	Jan 14	Jan 15	Jan 16	
Beef Nachos Salsa Salad, Veggies, Fruit, Milk	Chicken & Waffle Steamed Corn Salad, Fruit, Milk	Turkey& Cheese Melt Baked Beans Veggies, Fruit, Milk	Cheeseburger Sweet Potato Wedges Salad, Veggies, Fruit, Milk	Walking Tacos Salsa Salad, Veggies, Fruit, Milk	
Jan 19	Jan 20	Jan 21	Jan 22	Jan 23	
No School	Chicken Corn Dog Steamed Rice Salad, Veggies, Fruit, Milk	Soft Shell Beef Taco Pinto Beans Salad, Fruit, Milk	Chicken Lasagna Garlic Toast Salad, Veggies, Fruit, Milk	No School	
Jan 26	Jan 27	Jan 28	Jan 29	Jan 30	
No School	Turkey Hot dogs Pinto Beans Salad, Fruit, Milk	Marinated Chicken Leg Yellow Rice WG Salad, Veggies, Fruit, Milk	Beef Quesadilla Street Corn Salad Salad, Veggies, Fruit, Milk	Pizza  Salad, Veggies, Fruit, Milk	
MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS Note: Menus may use ingredients that contain nuts/seeds, milk, egg, soybean, and other products.  All Done Right Food meals are Pork-Free.  This institution is an equal opportunity provider.			Our Commitment “Healthy Food, Healthy Message” We provide wholesome, delicious, real food that helps teach the right message to children.  ANY QUESTIONS? CONTACT: School Office or DONE RIGHT FOOD @ <a href="http://www.donerightfood.com">www.donerightfood.com</a>		