HOT LUNCH	October 2025	Twin Cities Academy

SERVED DAILY

"Regular Entrée and/or Meatless/Vegetarian Alternate Entree"
Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach, Hummus
Low Fat Dressing/Dip
uit - Apple, Orange, Pear, Banana, Raisins, Craisins, Applesauce Cup, OR Assorted Fruit Juice
Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1	**Oct 2**	**Oct 3**
		Soft Shell Beef Taco	Beef Lasagna	Cheesy Breedsticks
		Pinto Beans	Garlic Toast	Marinara Sauce
		Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk
Oct 6	**Oct 7**	**Oct 8**	**Oct 9**	**Oct 10**
Chicken Patty Sandwich	Chicken Strip w/ Waffle	Turkey & Cheese Melt	Cheeseburger	Walkin Tacos
	Steamed Corn	Baked Beans	Swee Potato Wedges	Salsa
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Oct 13	**Oct 14**	**Oct 15**	**Oct 16**	**Oct 17**
Baffulo Chicken Sandwich	Cheesy Breadstick	Solf Shell Beef Taco		
Steamed Corn	Marinara Sauce	Pinto Beans	NO SCHOOL	NO SCHOOL
Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk		
Oct 20	**Oct 21**	**Oct 22**	**Oct 23**	**Oct 24**
BBQ Chicken on Bun	Walking Taco	Cheeseburger	Teriyaki Chicken	
Roasted Potatoes	Pinto Beans		Steamed Rice	NO SCHOOL
Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Fruit, Milk	Salad, Fruit, Milk	
Oct 27	**Oct 28**	**Oct 29**	**Oct 30**	**Oct 31**
Chicken Strips Potato Wedges	Pasta w/ Meatballs WG	Chicken Fajita Wrap	Turkey Hot Dog	Pizza
Dinner Roll	Garlic Toast	Bean & Corn Salad		
Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk

**MENUS SUBJECT TO INFREQUENT CHANGE
BASED ON AVAILABILITY OF ITEMS**
Note: Menus may use ingredients that contain
nuts/seeds, milk, egg, soybean,
and other products.

This institution is an equal opportunity provider.

Our Commitment
"Healthy Food, Healthy Message"
We provide wholesome, delicious, real food
that helps teach the right message to children.