

BREAKFAST		September 2025	Twin Cities Academy	
SERVED DAILY				
Fresh Fruit - Apple, Banana, Pear, Orange, Craisins, Raisins, Applesauce, Fruit Cup Fruit Juice - Apple, Grape, Berry, Strawberry Kiwi, Orange Variety of Milk, including Skim				
Monday	Tuesday	Wednesday	Thursday	Friday
Sep 1	Sep 2	Sep 3	Sep 4	Sep 5
Holiday		Banana Bread	Bagel W/ Cream Cheese	Poptart
No School	String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt		String Cheese or Fruit Yogurt
	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Sep 8	Sep 9	Sep 10	Sep 11	Sep 12
Cereal Bar	Mini Waffle	Blueberry Bread	Cini Mini Caramel Roll	Cinnamon Toast Muffin
String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Sep 15	Sep 16	Sep 17	Sep 18	Sep 19
Nature Valley	Breakfast Burrito	Banana Bread	Bagel W/ Cream Cheese	Poptart
String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt		String Cheese or Fruit Yogurt
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Sep 22	Sep 23	Sep 24	Sep 25	Sep 26
Brekkie	Mini Waffle	Blueberry Bread	Mini Cinnis Roll	Cinnamon Toast Muffin
String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Sep 29	Sep 30			
Cereal Bar	Breakfast Burrito			
String Cheese or Fruit Yogurt	String Cheese or Fruit Yogurt			
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk			
MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS Note: Menus may use ingredients that contain nuts/seeds, milk, egg, soybean, and other products. This institution is an equal opportunity provider.			Our Commitment “Healthy Food, Healthy Message” We provide wholesome, delicious, real food that helps teach the right message to children.	