

Menu Name : Twin Cities Academy Grades 6-12 Lunch Menu Options Provided : Hot & Cold Meals
 Grade Level / Age Group : 9-12 Grades Meal Pattern : NSLP Meal: Lunch

April - 2024

	Monday, April 1, 2024	Tuesday, April 2, 2024	Wednesday, April 3, 2024	Thursday, April 4, 2024	Friday, April 5, 2024	
Hot Meal	Cheeseburger	BYO Waffle Sliders	Corn Dog	Hearty Tinga Wrap	Fresh Baked Pizza Slice	Week IV
	Bakery Bun, Ketchup	Build Sliders with Mini Belgium Waffles & Turkey Sausage Patties & Dunk them in Syrup	WG Chicken Corn Dog served w/ Ketchup	WG Tortilla, Chicken Tinga & Shred Chz	Assorted Salad Bar	
	Sweet Chili Doritos & Assorted Salad Bar		Fiamas & Assorted Salad Bar	Coleslaw - Dare you to try in your Tinga wrap :)	Large Crisp Varietal Apple	
	Pineapple Tidbits	Assorted Salad Bar	Bananas	Assorted Salad Bar & Fresh Orange	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, April 8, 2024	Tuesday, April 9, 2024	Wednesday, April 10, 2024	Thursday, April 11, 2024	Friday, April 12, 2024	
Hot Meal	Spicy Crunchy Tender Roll-up	General Tso's Chicken	Walking Taco	Teriyaki Drumstick	Fresh Baked Pizza Slice	Week V
	Wg Tortilla, Chix Tenders, Boom Sauce	Steamed Seasoned Rice	Nacho Chz Doritos, Seasoned Beef	WG Roll & Strawberry Bites	Assorted Salad Bar	
	Cool Ranch Doritos	Assorted Salad Bar	w/ Shred Chz & Cholula	Assorted Salad Bar	Large Crisp Varietal Apple	
	Assorted Salad Bar & Pineapple Tidbits	Chilled Pears & 100% Fruit Juice	Assorted Salad Bar	Fresh Orange & 100% Fruit Juice	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, April 15, 2024	Tuesday, April 16, 2024	Wednesday, April 17, 2024	Thursday, April 18, 2024	Friday, April 19, 2024	
Hot Meal	Premium Spicy Chicken Nuggets w/ Youza Sauce	Hot Italian Sub	Fritos Enchilada Nachos	Authentic Chicken Tamale	Fresh Baked Pizza Slice	Week VI
	Fiamas	'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun	Top your Fritos corn chips with Delicious Enchilada chicken, Shred Cheese & Boom Sauce	Authentic, soft, moist Chicken & Green Sauce Tamale	Assorted Salad Bar	
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Boom Sauce	Large Crisp Varietal Apple	
	Pineapple Tidbits	Chilled Pears & 100% Fruit Juice	Honey Grahams, Bananas & Choice Milk	Assorted Salad Bar & Fresh Orange	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap & Strawberry Bites	Grilled Chicken & Cheese Bun	

	Monday, April 22, 2024	Tuesday, April 23, 2024	Wednesday, April 24, 2024	Thursday, April 25, 2024	Friday, April 26, 2024	
Hot Meal	Asian Chicken Pot Stickers	CKC Sticky Drumstick	All Beef Hot Dog	Spicy Chicken Patty Sandwich	Fresh Baked Pizza Slice	Week I
	Teriyaki Dipping Sauce	Wheat Thins, WG Roll	WG Bun, Ketchup	WG Bun, Ketchup & Mayo	Assorted Salad Bar	
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Large Crisp Varietal Apple	
	Pineapple Tidbits	Chilled Pears & 100% Fruit Juice	Bananas	Fresh Orange	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, April 29, 2024	Tuesday, April 30, 2024				
Hot Meal	Cool Ranch Crunch Burger..(yep, we will send mayo)	Brunch Lunch				Week II
	Top your Burger with Ranch Doritos	French Toast Sticks & Syrup				
	Assorted Salad Bar	Assorted Salad Bar				
	Pineapple Tidbits	Chilled Pears & 100% Fruit Juice				
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun				

*** Cold meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



May 2024 Menu (Subject to Change)

		Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024
Hot Meal		Beef Burrito Bowl Seasoned Beef, Cheese & Crema served on Warm Rice Assorted Salad Bar Bananas Wafers & Choice Milk	Mandarin Orange Chicken Steamed Seasoned Brown Rice Assorted Salad Bar Fresh Orange & 100% Fruit Juice Choice Milk	Fresh Baked Pizza Slice Assorted Salad Bar Large Crisp Varietal Apple Choice Milk
	Cold	Turkey Bun w/ Mayo	Chicken Caesar Wrap & Strawberry Bites	Grilled Chicken & Cheese Bun

		Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024
Hot Meal		Spicy Chicken Tenders & Dip Hot Cheetos Assorted Salad Bar Pineapple Tidbits 100% Fruit Juice & Choice Milk	Bean & Cheese Pupusa Boom Sauce Assorted Salad Bar Chilled Pears & 100% Fruit Juice Choice Milk	Southern Drumstick Mildly Seasoned Chicken Drumstick WG Dinner Roll & Sweet Chili Doritos Assorted Salad Bar Bananas & Choice Milk	Tots & Beef Crunch Seasoned Beef & Smashed Tater Tots served on Tostitos Crema Assorted Salad Bar & Fresh Orange Vanilla Chat Snax, 100% Fruit Juice & Choice Milk	Fresh Baked Pizza Slice Assorted Salad Bar Large Crisp Varietal Apple Choice Milk
	Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun