



# TWIN CITIES ACADEMY

Breakfast \$2.00 Lunch \$3.50

<b>Menu Subject to Change</b>				
<b>MARCH FOOD SERVICE MENU</b>				
<b>2023</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>27</b>	<b>28</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>All Beef Hot Dog</b> Doritos WG Bun Ketchup Mustard Assorted Salad Bar Fruit of the Day 100% Juice & Milk Deli Salad: Grilled Chicken Caesar Cold: Wowbutter & Jelly Sandwich	<b>Tso's Chicken</b> Steamed Brown Rice Assorted Salad Bar Fruit of the Day 100% Juice & Milk Deli Salad: Chicken Asian Salad Cold: Honey Mustard Chicken Bun	<b>Chicken Tinga Walking Taco</b> Seasoned Chicken, Fresh Cilantro Corn Chips , Crema Assorted Salad Bar / Fruit of the Day Milk Choice Deli Salad: Chicken SW Taco Salad Cold: Turkey Bun Mayo	<b>Burrito Bowl</b> Brown Rice topped w/Seasoned Beef Shred Cheese & CKC Youza Sauce Assorted Salad Bar / Fruit of the Day 100% Juice & Milk Deli Salad: Chicken Bistro Salad Cold: Chicken Caesar Wrap	<b>Glazed Chicken Wings</b> Fresh Bakery Rolls Assorted Salad Bar Fruit Of the Day Milk Choice Deli Salad: Chicken Power Green Cold: Grilled Chicken & Cheese Bun
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>BBQ Beef Sandwich</b> Hot Cheetos Assorted Salad Bar Fruit of the Day 100% Juice & Milk Deli Salad: Grilled Chicken Caesar Cold: Wowbutter & Jelly Sandwich	<b>Golden Corn Dog w/ Ketchup</b> Assorted Salad Bar Fruit of the Day 100% Juice & Milk Deli Salad: Chicken Asian Salad Cold: Honey Mustard Chicken Bun	<b>Meatball Sub w/Mozzarella</b> Cool Ranch Doritos Assorted Salad Bar Fruit of the Day Milk Choice Deli Salad: Chicken SW Taco Salad Cold: Turkey Bun Mayo	<b>Brunch Lunch</b> Triple Buttermilk Pancakes w/ Berry Burst Syrup & Whipped Cream Assorted Salad Bar / Fruit of the day 100% Juice & Milk Deli Salad: Chicken Bistro Salad Cold: Chicken Caesar Wrap	<b>Fresh Baked Cheese Pizza</b> Assorted Salad Bar Fruit of the Day Milk Choice Deli Salad: Chicken Power Green Cold: Grilled Chicken & Cheese Bun
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>Spicy Chicken Nuggets w/ Ketchup</b> Wheat Bun, Ketchup, & Mustard Doritos Assorted Salad Bar - Fruit of the Day 100% Juice & Milk Deli Salad: Grilled Chicken Caesar Cold: Wowbutter & Jelly Sandwich	<b>Beef Pretzel Dog</b> Cheddar Cheese Bites Assorted Salad Bar Fruit of the day 100% Juice & Milk Deli Salad: Chicken Asian Salad Cold: Honey Mustard Chicken Bun	<b>Good Ole Fashioned Hamburger</b> w/Lettuce, Ketchup & Mayo Cool Ranch Doritos Assorted Salad Bar/ Fruit of the Day Milk Choice Deli Salad: Chicken SW Taco Salad Cold: Turkey Bun Mayo	<b>Mandarin Orange Chicken</b> Steamed Seasoned Brown Rice Assorted Salad Bar Fruit of the Day 100% Juice & Milk Deli Salad: Chicken Bistro Salad Cold: Chicken Caesar Wrap	<b>Chicken Enchilada Nacho Bowl</b> Corn Chips, Shred Cheese Assorted Salad Bar Fruit of the Day Milk Choice Deli Salad: Chicken Power Green Cold: Grilled Chicken & Cheese Bun
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>Mongolian Meatballs</b> Steamed Rice Assorted Salad Bar Fruit of the Day 100% Juice & Milk Deli Salad: Grilled Chicken Caesar Cold: Wowbutter & Jelly Sandwich	<b>Brunch Lunch</b> French Toast Sticks & Syrup Assorted Salad Bar Fruit of the Day 100% Juice & Milk Deli Salad: Chicken Asian Salad Cold: Honey Mustard Chicken Bun	<b>Greek Nachos</b> Seasoned Meat, Corn Tortilla Chips Assorted Salad Bar Fruit of the Day Milk Choice Deli Salad: Chicken SW Taco Salad Cold: Turkey Bun Mayo	<b>Spicy Chicken Patty Sandwich</b> Bakery Bun, Ketchup & Mayo Flamas, Assorted Salad Bar Assorted Salad Bar - Fruit of the Day 100% Juice & Milk Deli Salad: Chicken Bistro Salad Cold: Chicken Caesar Wrap	<b>Fresh Baked Cheese Pizza</b> Assorted Salad Bar Fruit of the Day Crakers Milk Choice Deli Salad: Chicken Power Green Cold: Grilled Chicken & Cheese Bun
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<b>Mozzarella Burger</b> WG Bakery Bun & Ketchup Assorted Salad Bar / Cool Ranch Doritos Fruit of the Day 100% Juice & Milk Deli Salad: Grilled Chicken Caesar Cold: Wowbutter & Jelly Sandwich	<b>Creamy Mac &amp; Cheese</b> Dinner Roll Assorted Salad Bar Fruit of the Day 100% Juice & Milk Deli Salad: Chicken Asian Salad Cold: Honey Mustard Chicken Bun	<b>Sesame Chicken</b> Steamed Seasoned Rice Assorted Salad Bar Fruit of the Day Milk Choice Deli Salad: Chicken SW Taco Salad Cold: Turkey Bun Mayo	<b>Walking Taco</b> Nacho Chz Doritos, Seasoned Beef w/ Shredded Chz, Cilantro & Cholula Sauce Assorted Salad Bar - Fruit of the Day 100% Juice & Milk Deli Salad: Chicken Bistro Salad Cold: Chicken Caesar Wrap	<b>Pomodoro Meatballs</b> Dinner Rolls Assorted Salad Bar Fruit of the Day Milk Choice Deli Salad: Chicken Power Green Cold: Grilled Chicken & Cheese Bun
<b>MILK VARIETY SERVED AT EVERY MEAL 1% MILK, 1% CHOCOLATE MILK, &amp; SKIM</b>				
<b>All BREADS SERVED ARE WHOLE GRAIN.</b>				
<b>We do not serve any products that contain pork, peanuts or peanut oil. All products are baked or steamed, never fried.</b>				