

# TWIN CITIES

## A C A D E M Y

Breakfast \$2.00 Lunch \$3.50

Menu Subject to Change					NOVEMBER FOOD SERVICE MENU					2021				
Monday		Tuesday		Wednesday		Thursday		Friday						
31		1		2		3		4						
<b>BBQ Beef Sanwich</b> Hot Cheetos Assorted Salad Bar Applesauce 100% Juice - Milk Deli Salad: Chicken Asian Salad Cold: Honey Mustad Chicken Bun		<b>Chicken Tinga Walking Taco</b> Seasoned Chicken, Fresh Cilantro Frito corn chips, corn salsa& crema Assorted salad bar / Tropical Fruit Mix Cinnamon Goldfish / 100% Juice - Milk Deli Salad: Chicken Asian Salad Cold: Honey Mustad Chicken Bun		<b>Meatball Sub w/ Mozzarella</b> Cool Ranch Doritos Assorted Salad Bar Bananas Milk Choice Deli Salad: Chicken Caesar Cold: Turkey Bun Mayo		<b>Brunch Lunch</b> Buttermilk Pancakes & Syrup Scrambled Eggs w/ Cheese Assorted Salad Bar Assorted Salad Bar / Summer Grapes Deli Salad: Chicken Bistro Salad Cold: Chicken Ceaser Wrap		<b>Fresh Baked Pizza</b> Assorted Salad Bar Crisp Apple Milk Choice Honey Grahams Deli Salad: Chicken Power Green Cold: Grilled Chicken & Cheese Bun						
7		8		9		10		11						
<b>Spicy Chicken Nuggets</b> Assorted Salad Bar Sweet Chili Doritos Applesauce 100% Juice - Milk Deli Salad: Chicken Caesar Salad Cold: Wowbutter & Jelly Sandwich		<b>Cheesy Lasagna Roll</b> Assorted Salad Bar WG Roll Tropical Fruit Mix 100% Juice -Milk Deli Salad: Chicken Asian Salad Cold: Honey Mustad Chicken Bun		<b>Good Ole Fashined Hamburger</b> w/ lettuce Ketchup & Mayo Cool Ranch Doritos Assorted Salad Bar Bananas & Milk Deli Salad: Chicken SW Taco Salad Cold: Turkey Bun Mayo		<b>Mandarin Orange Chicken</b> Steamed Seasoned Brown Rice Assorted Salad Bar Summer Grapes &100% Juice Animal Crakers & Milk Deli Salad: Chicken Bistro Salad Cold: Chicken Ceaser Wrap		<b>Fresh Baked Pizza</b> Assorted Salad Bar Crip Apple Milk Choice Elf Grahams Deli Salad: Chicken Power Green Cold: Grilled Chicken & Cheese Bun						
14		15		16		17		18						
<b>Queso Meat Sub</b> WG Bun & Cilantro Nacho Chz Doritos Assorted Salad Bar 100% Juice - Milk Deli Salad: Chicken Caesar Salad Cold: Wowbutter & Jelly Sandwich		<b>Brunch Lunch</b> French Toast Sticks & Syrup Assorted Salad Bar Tropical Fruit Mix & Animal Crakers 100% Juice - Milk Deli Salad: Chicken Asian Salad Cold: Honey Mustad Chicken Bun		<b>Greek Nachos</b> Seasoned Meat, Corn Tortilla Chip Tatziki Sauce & Corn Salsa Assorted Salad Bar Bananas & Milk Deli Salad : Chicken SW Taco Salad Cold: Turkey Bun Mayo		<b>Spicy Chicken Patty Sandwinch</b> Bakery Ban , Ketchup & Mayo Assorted Salad Bar Summer Grape & 100% Juice Milk Choice Deli Salad: Chicken Bistro Salad Cold: Chicken Ceaser Wrap		<b>Fresh Baked Pizza</b> Assorted Salad Bar Crisp Apple Choice Milk Elf Grahams Deli Salad: Chicken Power Green Cold: Grilled Chicken & Cheese Bun						
21		22		23		24		25						
<b>Mozzarella Burger</b> WG Bun , Ketchup & Mustard Cool Ranch Doritos Assorted Salad Bar Applesauce Deli Salad: Chicken Caesar Salad Cold: Wowbutter & Jelly Sandwich		<b>Cream Mac &amp; Cheese</b> WG Dinner Rolls Assorted Salad Bar Tropical Fruit Mix & 100% Juice Vanilla Wafers & Milk Deli Salad:Chicken Asian Salad Cold: Honey Mustad Chicken Bun		<b>Sesame Chicken</b> WG Roll & Steamed Seasoned Rice Assorted Salad Bar Bananas Cinnamon Goldfish & Milk Deli Salad: Chicken SW Taco Salad Cold: Turkey Bun Mayo		<b>Walking Taco</b> Nacho Chz Doritos, Season Beef Shredded chz, cilantro, & Hot Sauce Assorted Salad Bar / Summer Grapes 100 % Juice Granola Bites & Milk Deli Salad: Chicken Bistro Salad Cold: Chicken Ceaser Wrap		<b>Fresh Baked Pizza</b> Assorted Salad Bar Crip Apple Milk Choice Cheese Crisps Deli Salad: Chicken Power Green Cold: Grilled Chicken & Cheese Bun						
Monday Breakfast		Tuesday Breakfast		Wednesday Breakfast		Thursday Breakfast		Friday Breakfast						
Breakfast Bar String Cheese 4 oz Juice Cup Fresh or Dried Fruit Milk Choice		Assorted Muffin or Smoothies w/ Granola String Cheese or Yogurt 4 oz Juice Cup Fresh or Dried Fruit Milk Choice		Warm Bagel Cream Cheese 4 oz Juice Cup Fresh or Dried Fruit Milk Choice		Assorted Muffin or Smoothies w/ Granola String Cheese or Yogurt 4 oz Juice Cup Fresh or Dried Fruit Milk Choice		Warm Pop Tart String Cheese 4 oz Juice Cup Fresh or Dried Fruit Milk Choice						
<b>MILK VARIETY SERVED AT EVERY MEAL 1% MILK, 1% CHOCOLATE MILK</b>														
<b>All BREADS SERVED ARE WHOLE GRAIN.</b>														
<b>We do not serve any products that contains pork, peanuts or peanut oil. All products are baked or steamed, never fried.</b>														