

# Summer Food Distribution Resources



## [FREE MEALS FOR KIDS](#) Mobile App

[Free Meals for Kids](#) app helps families and kids locate free healthy meals across Minnesota during the pandemic. Let's work together to ensure hungry kids don't miss a meal during the summer. The app is powered by GPS and shows locations of schools and other sites that are providing meals and meal packs, with days and hours for distribution. It also shows the distance and directions to the nearest site from your location. The app is updated daily.

## Hunger Solutions

Click here for [Ramsey County Resources](#)



## Every Meal

<https://www.everymeal.org/what-we-do/community-meal-distribution-sites/>



[Today's Harvest](#) is a free market that provides fresh produce, meat, dairy, and bakery items we rescue each day from local grocery stores, farms, and other partners. 5703 Hadley Ave N. Oakdale 12 – 6 Mon - Fri

**St. Paul Parks and Recreation has partnered with SPPS and offers breakfast and lunches at a number of different rec centers throughout St. Paul. Plus SPPS has a summer food truck travelling around to various locations. For more information go to: [Summer Meals St. Paul Parks and Rec](#) \*updated 6-21-22**

St. Paul Libraries distributing summer meals to children: [Free Meals SPPL](#)

Find resources in St. Paul at: [Free Meals for St Paul Families](#)

[St. Paul Food Truck Schedule](#): free meals for children 18 and under. See flier below.

Find resources in Minneapolis at: [Minneapolis Summer Food](#)

Find distribution sites in North St. Paul, Maplewood and Oakdale at [Summer Meals 622](#)

# Recursos de distribución de alimentos de verano

Para encontrar un sitio de distribución de alimentos cerca de usted, descargue la aplicación móvil **Free Meals for Kids**



## **FREE MEALS FOR KIDS Mobile App**

La aplicación ayuda a las familias y a los niños a encontrar comidas saludables gratuitas en todo Minnesota durante la pandemia. Trabajemos juntos para asegurar que los niños hambrientos no se pierdan una comida durante el verano. La aplicación funciona con GPS y muestra las ubicaciones de las escuelas y otros sitios que proporcionan comidas y paquetes de comidas, con días y horas de distribución. También muestra la distancia y las direcciones al sitio más cercano desde su ubicación. La aplicación se actualiza a diario.



## **Hunger Solutions**

Haga clic aquí para [Ramsey County Resources](#)



**EVERY MEAL**  
FIGHTING CHILD HUNGER

## **Every Meal**

<https://www.everymeal.org/what-we-do/community-meal-distribution-sites/>



[Today's Harvest](#) es un mercado libre que ofrece productos frescos, carne, productos lácteos y productos de panadería que rescatamos todos los días de las tiendas de comestibles locales, las granjas y otros socios. 5703 Hadley Ave N. Oakdale  
12 - 6 de lunes a viernes

**Los residentes de St. Paul con niños menores de 18 años pueden inscribirse para recibir cajas de comida a domicilio o recoger cajas de comida en varios lugares de la ciudad. Para obtener más información, visite: [Summer Meals St. Paul Parks and Rec](#)**

**\*updated 6-21-22**

Las bibliotecas de St. Paul distribuyen comidas de verano a los niños: [Free Meals SPPL](#)

Encuentre recursos en St. Paul en: [Free Meals for St Paul Families](#)

[St. Paul Food Truck Schedule](#): Comidas gratis para niños menores de 18 años. Vea el volante a continuación.

Encuentre recursos en Minneapolis en: [Minneapolis Summer Food](#)

Encuentra sitios de distribución en North St. Paul, Maplewood and Oakdale at [Summer Meals 622](#)

# Cov Khoom Noj Khoom Noj Rau Lub Caij Ntuj Sov

## Txhawm rau nrhiav qhov chaw xa zaub mov nyob ze koj thov rub tawm Cov Khoom Noj Dawb rau Me Nyuam Mobile App



[DAWB SU DAWB RAU KIDS](#) Mobile App cov me nyuam yaus pab cov tsev neeg thiab cov me nyuam nrhiav noj haus dawb thooob plaws hauv xeev Minnesota nyob rau thaum muaj thooob qhov mob loj. Peb koom tes ua haujlwm kom cov menyuam tshaib plab tsis txhob plam ib plus mov thaum caij ntuj sov. Cov app siv nrog GPS thiab qhia txog cov chaw ntawm cov tsev kawm ntawv thiab lwm qhov chaw uas tau npaj zaub mov noj thiab pob zaub mov, nrog hnuv thiab teev rau kev faib khoom. Nws tseem qhia qhov deb thiab cov lus qhia mus rau qhov chaw ze tshaj plaws ntawm koj qhov chaw nyob. Cov app hloov kho tshiab txhua hnuv.



### Hunger Solutions

Nyem qhov no rau [Ramsey County Resources](#)



[Today's Harvest](#) yog cov khoom lag luam pub dawb uas muab cov khoom tshiab, nqaij, mis nyuj, thiab khoom ci bakery peb tau cawm txhua hnuv los ntawm cov khw muag khoom noj hauv zos, liaj teb, thiab lwm tus koom tes. 5703 Hadley Ave N. Oakdale 12 - 6 Mon - Friday

### Every Meal

<https://www.everymeal.org/what-we-do/community-meal-distribution-sites/>



**EVERY MEAL**  
FIGHTING CHILD HUNGER

Cov neeg nyob hauv St. Paul uas muaj menyuam yaus hnuv nyoog qis dua thiab qis dua tuaj yeem tso npe rau lub thawv nqa khoom noj lossis nqa khoom noj thawv ntawm ntau thaj chaw thooob plaws hauv nroog. Yog xav paub ntiv mus rau: [Summer Meals St. Paul Parks and Rec](#) \*updated 6-21-22

St. Paul Cov Tsev Qiv Ntawv faib zaub mov rau lub caij ntuj sov rau menyuam yaus:

[Free Meals SPPL](#)

Nrhiav cov peev txheej hauv St. Paul ntawm: [Free Meals for St Paul Families](#)

[St. Paul Food Truck Schedule](#): zaub mov pub dawb rau cov menyuam yaus hnuv nyoog qis dua 18 xyoo. Saib flier hauv qab no.

Nrhiav cov peev txheej hauv Minneapolis ntawm: [Minneapolis Summer Food](#)

Nrhiav chaw xa khoom hauv North St. Paul, Maplewood and Oakdale at [Summer Meals 622](#)

# Kheyraadka Cunnada Qaybinta Xagaaga

Si aad u hesho goob cunto lagu qaybiyo ee kuu dhow fadlan soo degso Cunnada Bilaashka ah ee loogu talagalay Caruurta Mobile App



**Cunno Bilaash ah oo loogu talagalay Caruurta Mobile App** ayaa ka caawisa qoysaska iyo carruurta sidii ay ku heli lahaayeen cunnooyin caafimaad oo bilaash ah oo ku baahsan guud ahaan gobolka Minnesota inta lagu jiro faafa. Aynu wada shaqeyno si aan u hubinno in carruurta gaajaysan aysan seexan cuntada inta lagu jiro xagaaga. App-ka waxaa ka shaqeeya GPS wuxuuna muujiyaa goobaha iskuulada iyo goobaha kale ee bixiya cuntada iyo xirmooyinka cuntada, oo leh maalmo iyo saacado loo qaybiyo. Waxay kaloo muujineysaa masaafada iyo jihooyinka u dhow goobta kuugu dhow. Barnaamijka ayaa maalin walba la cusbooneysiya.



## Hunger Solutions

Halkan guji [Ramsey County Resources](#)



**Today's Harvest** waa suuq bilaash ah oo bixiya waxsoosaarka cusub, hilibka, caanaha, iyo alaabta rootiga ee aan ka soo badbaadino maalin kasta dukaamada raashinka, beeraha, iyo la-hawlgalayaasha kale. 5703 Hadley Ave N. Oakdale 12 - 6 Isniin - Jimce

## Every Meal

<https://www.everymeal.org/what-we-do/community-meal-distribution-sites/>



**EVERY MEAL**  
FIGHTING CHILD HUNGER

**Deganayaasha St. Paul oo leh caruur 18 jir iyo wixii kayar ayaa iska qori kara sanduuqyada cuntada ee guriga la keeno ama ka soo qaadan karaan sanduuqyada cuntada goobaha kala duwan ee magaalada. Macluumaad dheeraad ah ka eeg:**

**[Summer Meals St. Paul Parks and Rec](#) \*updated 6-21-22**

Maktabadaha St. Paul oo carruurta u qaybiya cuntooyinka xagaaga: [Free Meals SPPL](#)

Ka hel ilo St. Paul: [Free Meals for St Paul Families](#)

[St. Paul Food Truck Schedule](#): zaub mov pub dawb rau cov menyuam yaus hnuv nyoog qis dua 18 xyoo, saib daim foos ntawm nplooj ntawv kawg.

Ka hel ilo Minneapolis: [Minneapolis Summer Food](#)

Ka hel goobaha qaybinta North St. Paul, Maplewood and Oakdale at [Summer Meals 622](#)

Free meals for kids  
18 and under  
June 21-August 19

## FOOD TRUCK SCHEDULE Summer 2022



**SCHEDULE IS SUBJECT TO CHANGE**

Visit [SPPS.org/summermeals](https://www.spps.org/summermeals)  
for updated information



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30 - 11:30 am	<b>Lewis Park</b> (W. Wayzata St & Marion St)	<b>Frogtown Community Center</b> (Galtier St & Lafond Ave)	<b>Lewis Park</b> (W. Wayzata St & Marion St)	<b>Frogtown Community Center</b> (Galtier St & Lafond Ave)	<b>Lewis Park</b> (W. Wayzata St & Marion St)
12:00 - 1:00 pm	<b>Phalen Beach</b> 1400 Phalen Dr	<b>Daytons Bluff Rec</b> 800 Conway St (Euclid St side)	<b>Phalen Beach</b> 1400 Phalen Dr	<b>Daytons Bluff Rec</b> 800 Conway St (Euclid St side)	<b>Phalen Beach</b> 1400 Phalen Dr
3:00 - 4:00 pm	<b>Highwood Hills Rec Center</b> 2192 Londin Ln (Winthrop St side)	<b>Highwood Hills Rec Center</b> 2192 Londin Ln (Winthrop St side)	<b>Highwood Hills Rec Center</b> 2192 Londin Ln (Winthrop St side)	<b>Highwood Hills Rec Center</b> 2192 Londin Ln (Winthrop St side)	<b>Parque Castillo</b> 149 Cesar Chavez St

Meals must be eaten on site.

This institution is an equal  
opportunity provider.

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