

For the 2021-2022 school year,  
all students get free school  
meals under an extended  
federal program for Covid19



Menu Subject to Change				
MAY FOOD SERVICE MENU				
2022				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Beef Meatball Sub on Hoagie Bun</b> Mozzarella Cheese Fresh Carrots and Broccoli Fresh Broccoli Fresh Banana Salad Bar Alternate: Lunch bag Variety	<b>Chicken Nachos</b> Tortilla chips Shredded cheese, shredded Lettuce Taco Sauce PC Fresh Apple Salad Bar Alternate: Lunch bag Variety	<b>Turkey Pep Pizza</b> Mozzarella Cheese Fresh Carrots Fresh Broccoli Applesauce Cup Salad Bar Alternate: Lunch Bag Variety	<b>Chicken Tenders</b> Corn Bread Veg Baked Beans Fresh Orange Strawberry Cup Salad Bar Alternate: Lunch Bag Variety	<b>Beef Hot Dog on WG Hot Dog Bun</b> Veg. Baked Beans Strawberry Applesauce Cup Fresh Banana Ketchup, Mustard, Relish Salad Bar Alternate: Lunch bag Variety
9	10	11	12	13
<b>Pizza Chicken Burger on WG Bun</b> Corn Nibbles Assorted Fruit Cups Fresh Veggie Sticks Salad Bar Alternate: Lunch bag Variety	<b>French Toast &amp; Turkey Sausage</b> Fresh Carrots Fresh Cuke Coins Strawberry Cup Orange Juice Salad Bar Alternate: Lunch bag Variety	<b>Beef Cheeseburger on WG Bun</b> Veg Baked Beans Applesauce Cup Potato Salad Salad Bar Alternate: Lunch bag Variety	<b>Chicken and Waffles</b> Syrup Fresh Veggies Tropical Fruit Assorted Fruit Cups Salad Bar Alternate: Lunch Bag Variety	<b>Sloppy Joe on WG Bun</b> Fresh Celery Fresh Carrots Peach Cup Fresh Salad Salad Bar Alternate: Lunch bag Variety
16	17	18	19	20
<b>Mac &amp; Cheese</b> WG Teabiscuit Mixed Vegetables Applesauce Cup Salad Bar Alternate: Lunch bag Variety	<b>BBQ Chicken Drumstick</b> Brown Rice WG Dinner Roll Carrots Banana Salad Bar Alternate: Lunch bag Variety	<b>Beef Hot Dog on WG Bun</b> Veg. Baked Beans Strawberry Applesauce Cup Fresh Banana Ketchup, Mustard, Relish Salad Bar Alternate: Lunch bag Variety	<b>Softshell Beef Taco</b> Corn Salsa WG 8" Tortilla Shredded Cheese, Lettuce, Salsa Fresh Apple Salad Bar Alternate: Lunch bag Variety	<b>Beef Cheeseburger on WG Bun</b> Fresh Broccoli Fresh Cucumber Fresh Orange Mixed Fruit Cup Salad Bar Alternate: Lunch bag Variety
23	24	25	26	27
<b>Beef Hot Dog on WG Hot Dog Bun</b> Veg. Baked Beans Strawberry Applesauce Cup Fresh Banana Ketchup, Mustard, Relish Salad Bar Alternate: Lunch bag Variety	<b>Chicken Parmesan Sandwich</b> WG Hamburger Bun Marinara Sauce & Shredded Mozzarella Green Beans Fresh Banana Raisins Alternate: Lunch bag Variety	<b>Sweet &amp; Sour Chicken</b> Veg Brown Rice Fresh Broccoli Fresh Carrots Strawberry Cup Apple Juice Alternate: Lunch bag Variety	<b>BBQ Chicken Sandwich</b> Corn Fresh Orange Peach Cup Salad Bar Alternate: Lunch bag Variety	<b>Chicken Fajita Bowl</b> Brown Rice WG Tortilla Fresh Carrots Fresh Apple Salad Bar Alternate: Lunch bag Variety
30	31	June 1	June 2	June 3
<b>No School Memorial Day</b>	<b>Chicken Nachos</b> Tortilla chips Shredded cheese, shredded Lettuce Taco Sauce PC Fresh Apple Salad Bar Alternate: Lunch bag Variety	<b>Sloppy Joe on WG Bun</b> Fresh Celery Fresh Carrots Peach Cup Fresh Salad Salad Bar Alternate: Lunch bag Variety	<b>Chicken Tenders</b> Corn Bread Veg Baked Beans Fresh Orange Strawberry Cup Salad Bar Alternate: Lunch bag Variety	<b>Beef Hot Dog on WG Hot Dog Bun</b> Veg. Baked Beans Strawberry Applesauce Cup Fresh Banana Ketchup, Mustard, Relish Salad Bar Alternate: Lunch bag Variety
Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast
Assorted Muffin String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Breakfast Bar or Cereal String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Warm Bagel String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Breakfast Bar or Cereal String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Warm Pop Tart String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice
<b>MILK VARIETY SERVED AT EVERY MEAL 1% MILK, 1% CHOCOLATE MILK</b>				
<b>ALL BREADS SERVED ARE WHOLE GRAIN.</b>				
Lancer Dining does not serve any products that contains pork, peanuts or peanut oil. All products are baked or steamed, never fried.				