



TCA TIGER TRACKS

Parent & Guardian Weekly Newsletter

Saturday, May 21, 2022

Looking good at the Junior/Senior Prom!



Metro Transit Student Pass

Get a summer's worth of rides on buses and light rail with a Summer Student Pass!

Any current 9-12th grade student at participating schools can get unlimited rides on buses and trains up to a \$3.25* fare. Passes are valid from June 1 through Sept. 6, 2022.

How do I get one? Go to metrotransit.org/summer-pass to get more details about the pass and order one using a credit card.

All you need is your school student ID number.

UPCOMING EVENTS

May 27 - 8th Grade Celebration

May 27 - Early Release at 1:20 pm

May 30 - Memorial Day - No School

June 3 - Field Day

June 3 - Senior Celebration & Last Day

June 3 - Early Release at 1:20 pm

June 9 - HS Graduation - 7:00 @ TCA

June 10 - Last Day of School

Justice Jam Summer Enrichment Program

School may be out for the summer, but Twin Cities Academy is offering enrichment classes through it's Justice Jam program. Justice Jam is an enrichment camp offering classes in poetry, music, dance, and art, all through a lens of racial and social justice. Click below to read more and sign up!

<https://forms.gle/HZENWcrFKhALfR1u9>

Family Survey

We at TCA value your feedback, and look forward to hearing what is going well in addition to what we can do to improve your student(s) and your family experience at TCA. Please be candid in your responses, and remember we are here for your questions as well. Thank you!

[Family Survey](#)

[Encuesta Familiar](#)

[Kev Tshawb Fawb Tsev Neeg](#)

[Sahanka Qoyska](#)



TCA senior, Xiaxee Lor, was awarded the Act Six Scholarship, which is a full tuition scholarship awarded to 45 students in Minneapolis and Saint Paul! She will be attending North Central University in the fall, where she has attended the last two years through PSEO. She would also like to do a presentation about this scholarship during advisory to teach other students about it so they can apply in the future so I will be sending more details on that once we finalize it! Check out the link here if you want more information!

<https://www.actsix.org/program-sites/minneapolis-st-paul/>

DON'T FORGET

Please return library books to the book drop box in front of the library. Thank you!

Middle School Yearbooks are available!

The Yearbook Club is working hard to create your 2021-2022 Yearbook filled with memories, friends, and events. We are only printing 80 copies this year so make sure to place your order now!

Orders can be placed with cash or check to Ms. Vandergon. For questions please reach out to Liz Vandergon at evandergon@twincitiesacademy.org



Pictures of Your 8th Graders

Pictures have begun trickling in for the 8th Grade Celebration, could we make this an all out waterfall? I need photos by the 24th at the very latest. I would like at least 1 photo of your student when they were an infant or toddler, additional pictures could include their very first day of school, their first day of school at TCA, a picture of them doing something they love, a picture of them with their pet, etc. You can email them to aseashore@twincitiesacademy.org. I look forward to viewing the smiles of your children when they were very much younger :)

Attention Performance Artists!

Students enrolled in band, theater, or orchestra for the 2022-2023 school year are eligible for a trip to NEW YORK CITY! Please attend our information meeting on 5/24 at 6:30 to hear more about it. Use this link to RSVP: <https://rsvp.efexploreamerica.com/9w5g9dh>. See the flyer for more information!

Invitation to New York City and Broadway!



Dear Parents and Guardians,

We are thrilled to share this 2023 Spring travel opportunity for Twin Cities Academy. Learn more about this exciting trip at an informational meeting where we'll discuss:

- What we'll see and do
- Travel logistics
- Safety and flexibility
- Affordable payment options and more
- **YOU CAN EARN \$250 OFF THE TRIP IF YOU RSVP TO THE MEETING!!!**

We look forward to seeing you there!

Mrs. Erickson and Mrs. Choquette

YOU MUST RSVP TO THE MEETING IN ORDER TO COME ON OUR TRIP
RSVP HERE rsvp.efexploreamerica.com/9w5g9dh

Join us for more details!

Meeting time & date:

May 24th 2022 at 6:30pm

Meeting location:

Please RSVP to get our meeting location!

Contact Information:

berickson@twincitiesacademy.org

mchoquette@twincitiesacademy.org

RSVP Online

Let me know you're interested
by visiting:



Health Office News

Hello TCA Community,

Covid cases continue to be on the rise here in Ramsey County. Here is an update on what Covid has been looking like in our immediate community at the moment, low grade fever (around 99), the usual congestion, cough, runny nose and headaches. These are currently the most common symptoms, however fevers may be higher, and nausea, diarrhea, loss of taste and smell, difficulty breathing may present in some cases.

Vaccines continue to be frontline defense, masking is recommended, hand sanitation, and socializing outdoors. Here is the link to more information on Covid from the CDC. Translations are available if you click the small blue Languages under the heading "What to do if You are Sick".

[CDC Caring for Covid at Home](#)

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Here is the link to Ramsey County's Covid information including where to sign up for first time vaccines and boosters, masking and testing information.

## [Ramsey County Covid Testing & Vaccine Info](#)

### **P.E./Gym Requests**

We have a big request list for equipment and games for next year. Can you help with donations? 😊

Cornhole/Bags Set-The boards and the bean bags, Volleyball/Badminton sets, Frisbee, Yoga ball, yoga blocks, Foam rollers, Yoga Blocks, jump ropes, mini trampolines, sport rebounder, spikeball/roundnet, crossnet, wiffle ball supplies  
Giant game set of Jenga or connect four or Yahtzee, Bocce sets, Croquet Set, Ladder games, Kan Jam, Kubb, Yard Pong, Bowling Pins, pickleball- racket/ball/net, Target games / Lawn darts/ ring toss, ALL Juggling supplies/ Yoyo, Rubber chicken/ stress ball/ weird fidgets Carnival Games - think field day Equipment storage /racks/ bins/ wide wire shelves/xl buckets, Family Fun Games!



Dear community partners, educators, and youth workers,

Hello, my name is Kay and I am the Leadership Program Manager at the [Coalition of Asian American Leaders](#) (CAAL). CAAL is a social justice non-profit organization that envisions a just and joyful future where all Minnesotans, regardless of background, have the power to shape decisions that affect us and live with dignity in thriving and caring communities. Applications for CAAL's summer youth leadership retreat are open! I would love your support in sharing this with your school/district and the young people that you work with.

"Rooted in Resilience is a summer retreat created by and for Asian MN high school youth. As young people, we often don't have the opportunity to talk about the issues that are impacting us. We invite you to join us for our leadership and social justice retreat for Asian Minnesotan high school youth.

During this retreat, we will bring Asian Minnesotan youth together to redefine and explore our leadership, power, and history of resilience. Youth will learn important skills such as leadership, team building, and using their voices to make a difference.

This is a space for youth to feel safe and powerful in their own skin. Let's be in community with each other and build collective power!

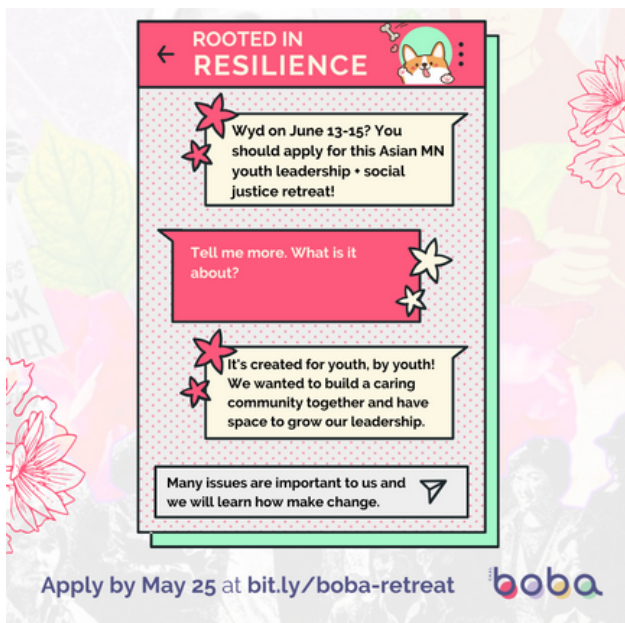
**Retreat Date: Monday, June 13 to Wednesday, June 15, 2022**

**Location: Camp Courage, Maple Lake MN (buses will be provided, however all participants will have a central meet location)**

**Cost: This retreat is free!**

**Register by May 25: [bit.ly/boba-retreat](https://bit.ly/boba-retreat)**

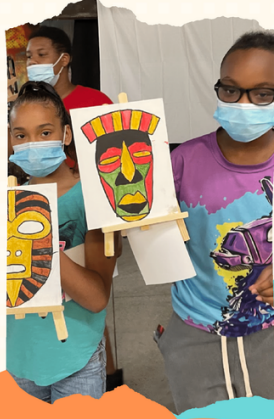
Please reach out if you have any questions. Thank you for your support and for your ongoing work.



# Summer Opportunities

## K-5 SUMMER CAMP

Enroll your child in a summer program that's about them! Children will use art and literacy to learn about African culture, explore their community, and collaborate with local artists.



**Dates:** June 13 - August 12

**Time:** M-F from 8:30am - 3pm

**Location:** 30,000 Feet

1351 Arcade St

Saint Paul, MN 55106

\*Meals and transportation provided

## ACTIVITIES

- African Art & Culture Enrichment
- Volunteering
- Reading & Writing instruction

## SIGN UP!



Enroll today at

[www.30kft.art/enroll](http://www.30kft.art/enroll)



1351 ARCADE ST., SAINT PAUL, MN 55106



For young artists who love

- Drawing & Painting
- Singing & Dancing
- Photography & Videography



Sign up with  
Miss Vanessa at  
651-210-3454



1351 Arcade St  
Saint Paul, MN  
55106

## Art Residence

Grades 6th to 8th  
June 13-August 12  
11:30am - 3:30pm



## Job Opportunities with The Sanneh Foundation

The Sanneh Foundation is beginning a new meal box program this summer in partnership with M Health Fairview, Appetite for Change, Second Harvest Heartland and the East Side Table. Each box will contain a recipe card, as well as all the ingredients required to make it. The majority of the produce and protein are sourced from local vendors, helping to support small-scale Minnesotan farmers while providing Twin Cities residents with high-quality, healthy food.

However, this program nourishes the community in more ways than one. In addition to the actual food provided, it will also offer employment and workforce development opportunities for youth ages 16-24. As a dual-track organization, the Sanneh Foundation recognizes the value of simultaneously serving individuals—particularly young leaders—with food, mentorship, and a fulfilling job. Through this program, youth will receive:

A competitive wage of \$14-16/hour

Skills training including ServSafe certification, CPR/First Aid, and pallet jack certification

Networking opportunities with businesses including 3M, CostCo, Vomela, and the Carpenter's Union

Professional and soft skills development including resume workshops and information about continuing education

Teambuilding with a cohort of youth from across the Twin Cities

An opportunity to get their boots on the ground and give back to their communities

**[SEE JOB DESCRIPTION HERE](#)**

**[CLICK HERE TO APPLY!](#)**