



# TCA Newsletter

Friday, December 3, 2021

## Upcoming Events

December 6 - Symphonic Band Concert at St. Thomas

December 7 - High School Showcase

December 7 - Info Session #3

December 13-17 - Food Drive - Redistribution back to community

December 16 - Band Concert at TCA

December 20-31 - Winter Break

January 3 - School Resumes

January 6 - Shadow Day

January 7 - 7pm HS Play - She Kills Monsters

January 8 - 2pm HS Play - She Kills Monsters

## HS Showcase - via Zoom

Please join us for the TCA High School Showcase, Tuesday, December 7th from 6:00-7:30PM. This event is for current TCA 8th grade families who are exploring their options for high school. It is a great opportunity to discover what TCA High School has to offer! This event has been rescheduled to an online zoom session on Tuesday, December 7th at 6:00 pm.

Please RSVP [HERE](#) to receive the zoom link.



# Symphonic Band Concert

## UNIVERSITY OF ST. THOMAS SYMPHONIC BAND

Dr. Douglas C. Orzolek, Conductor

## THE TWIN CITIES ACADEMY CONCERT BAND

Ms. Melissa Choquette, director

Featuring the world premier of *Stars Above*,  
composed by St. Thomas music major Clare Howard '23

**Monday, December 6, 2021 - 7 p.m.**

University of St. Thomas, James B. Woulfe Alumni Hall,  
Anderson Student Center

Department of Music  
College of Arts and Sciences



Dear Families and Friends,

In nutrition class this semester we have been working on how to eat healthy, how to handle our food, and how to give to our community. We are giving back to the community by giving them food from our cookbook recipe list. This is a list from our three nutrition classes, together we have chosen five recipes to give out. We are doing this food drive because there are families in the community who don't have access to food. This should help give them access to food during the winter time.

These are the foods from our five recipes:

**Foods chosen for the food drive are...**

(these foods will come with a recipe on how to make them\*\*)

\*\*You will need to provide the perishable foods

Box mac and cheese  
Parmesan cheese  
Salt and pepper  
Rice  
Vegetable oil  
Garlic  
Chilly Bamboo  
Oyster Sauce  
Black soy sauce  
Hormell chili with beans  
Frito chips

**Other food accepted for other recipes are:**

Rice	Honey	Yeast packets
Salt/pepper	Knorr chicken	Rice noodles
Chicken stock (box	seasoning	Spices
or bullion)	Spam	Can beans
Cajun seasoning	Mayo	Adobo sauce
Taco seasoning	Cider vinegar	Sofritos
Parmesan cheese	Elbow pasta	Steak sauce
Fettuccine	Lasagna pasta	Crab paste
Taco sauce	Salad dressing	Shrimp paste
Vegetable Oil	Hot sauce	Fish sauce
Fusilli pasta	Cream of tartar	tamarind

At the end of the semester when the class is over we have put together a cookbook from all of the recipes from the different classes. You can buy a cookbook at the end of the semester or at the end of January 2022.

Thank you for taking the time to read this letter.

-The Nutrition Classes



# Food Drive

Nov 29 - Dec 3

8:30am-3:30pm

(non-perishables only)

Food redistribution back to community on  
Dec 13-17

The state of MN has approved Distance Learning Driver's Education into 2022. Students who will be 15 by Oct 2022 can take the classroom portion of Driver's Ed from their own home. For session dates and times, go to [aplusdrivingschool.net](http://aplusdrivingschool.net). There is a session available over Winter Break, this would be a great time to take that class. (There are other driving schools with distance learning options, APlus is the company TCA uses for on site classes once they become available.)



## **We Need Your Help - Substitute Teaching Opportunities Today!**

Have you ever wanted to try teaching? TCA is looking for short term substitute teachers. If you or someone you know has a four year college degree and would like a flexible temporary job, TCA is looking for substitute teachers! We pay \$200-250 per day. Email Betsy Lueth at [blueth@twincitiesacademy.org](mailto:blueth@twincitiesacademy.org) or Sarah Ancel at [sancel@twincitiesacademy.org](mailto:sancel@twincitiesacademy.org) for more information about possibilities!

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## **Keep Our Students and Staff Safe from COVID-19**

We are working very hard to keep everyone safe and in school. With the new variant Omicron now in Minnesota, and Minnesota being a "hot spot" for Delta, we are seeing that people who have received the vaccine and the booster have been protected (at least from Delta). We strongly encourage vaccines for everyone to help us keep TCA safe. If you have questions about vaccines or where to get a vaccine, please email or call Arlene Seashore in our health office for more information.

Along with vaccines, masking is very important. Students and staff must properly wear masks at all times, except when eating. Masks must be worn over the mouth and nose to be effective at keeping everyone safe, especially students or staff who are not yet vaccinated. Please talk to your student about the importance of this.

Lastly, we continue to have a state of art ventilation system that is filtering the air every 30 seconds from any virus. This and nightly sanitizing keeps the school very clean.

Thank you for partnering with us to keep our students and school community safe and healthy. So far, TCA has had no spread of COVID inside the school, and we hope to keep it that way! Be safe and well!

TCA Holiday Drive



## ADOPT A FAMILY

Help make this Holiday Season  
a little easier for some of our  
families in need

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If you are interested in participating,  
please contact Lisa Dennis  
651-313-6570 [ldennis@twincitiesacademy.org](mailto:ldennis@twincitiesacademy.org)

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### High School Yearbook Details

01.21.22 | Seniors: submit your senior photo & quote! All senior photos and quotes MUST be submitted by this date. You can e-mail these to [eneilson@twincitiesacademy.org](mailto:eneilson@twincitiesacademy.org). Watch for a Google Form in Schoology later this month for a place to submit senior quotes.

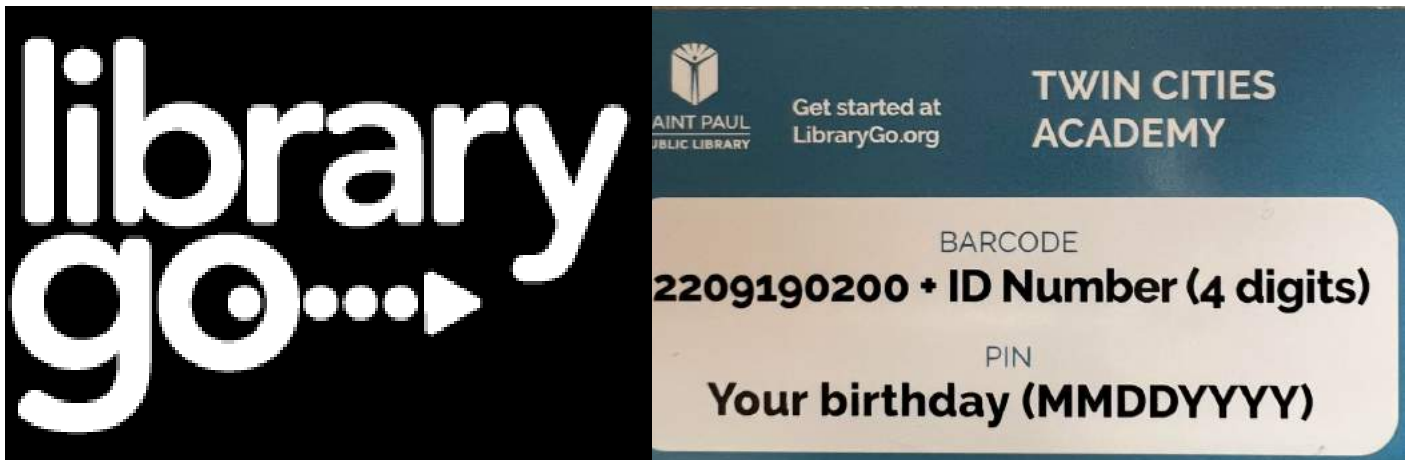
03.01.22 | Want your book personalized? Order it by this date! No books can be personalized after this date.

May, TBD | Distribution. Yearbooks usually arrive in the last few weeks of May.

We are only printing 100 books this year, so make sure to order yours right away to ensure you get one! If you have questions about the high school yearbook, please direct them to high school yearbook advisor Ms. Neilson at [eneilson@twincitiesacademy.org](mailto:eneilson@twincitiesacademy.org). (If you need information on the middle school yearbook for a younger sibling please contact Ms. Gibson at [kgibson@twincitiesacademy.org](mailto:kgibson@twincitiesacademy.org))



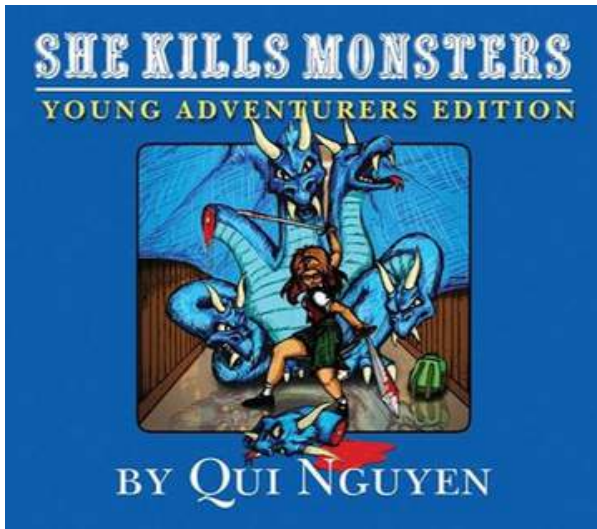
**Any middle school students interested in winter indoor soccer/futsal, please go to Conway Rec Center every Friday throughout the winter, starting next Friday, December 10, from 6:30-8:30 for free futsal time.**



Each TCA student has a Library Go card. This is a "virtual Library card" with access to databases, books, magazines and more. There are no overdue fines!

<https://sppl.org/library-go/>

## TCA Winter Play



# *She Kills Monsters* (Young Adventurers' Edition) by Qui Nguyen

January 7th & 8th

Tickets are \$5 or pay what you can!

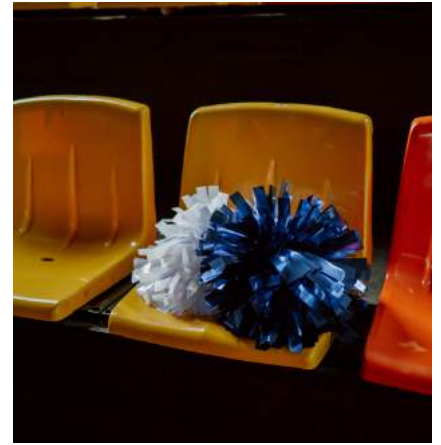
TCA Gym

## Enrichment Programs

### Attention 6th, 7th, and 8th Grade Families!

Starting the 2nd semester we are going to offer after school enrichment programming! Just a couple of programs we are looking to offer are; Math Tutoring, Arts and Music programming and more! There will be a survey sent out to all 6th-8th grade families requesting more information from you!





## Tiger Families,

After speaking with our administration, to try to utilize our space as best as possible, while considering Covid-19 prevention, we have decided to adopt a pre-registration procedure for all TCA home games.

Going forward, after talks with multiple neighboring schools on how they are handling the concerning rise in Covid numbers, we are going to allow each student-athlete and coach on each respective basketball/cheer roster two (2) guest passes for each of their respective home games (i.e. For a girls game, each girl will get two (2) passes, vis versa for boys home games).

The student-athlete or family member will have to email me at [vvondracek@twincitiesacademy.org](mailto:vvondracek@twincitiesacademy.org) by noon of each game day in order to be put on the pass list for that game day.

This will be the only way you will be allowed into the game, also providing proof of full vaccination and/or a negative test result 3 days prior to the game day. If you are not on the list, you will not be allowed into the facility, this is a zero tolerance policy.

Thank you, for your understanding.