

For the 2021-2022 school year,
all students get free school
meals under an extended
federal program for Covid19



Menu Subject to Change		NOVEMBER FOOD SERVICE MENU			2021
Monday	Tuesday	Wednesday	Thursday	Friday	
1	2	3	4	5	
Mac & Cheese WG Teabiscuit Mixed Vegetables Applesauce Cup Alternate: Lunch bag Variety	BBQ Drumstick w/ Brown Rice WG Teabiscuit Fresh Carrots Fresh Banana Fruit Chef's Choice Alternate: Lunch bag Variety	Turkey w/ Gravy Sourdough Biscuit Mashed Potatoes Fresh Celery Peach Cup Raisins Alternate: Lunch bag Variety	Softshell Beef Taco Black Beans WG 8" Tortilla Shredded Cheese & Lettuce Salsa Fresh Apple Alternate: Lunch bag Variety	Teriyaki Chicken Brown Rice Broccoli Fresh Orange Fruit Cup Alternate: Lunch bag Variety	
8	9	10	11	12	
Beef Hot Dog on WG Hot Dog Bun Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC Alternate: Lunch bag Variety	Chicken Parmesan Sandwich WG Hamburger Bun Marinara Sauce & Shredded Mozzarella Green Beans Fresh Banana Raisins Alternate: Lunch bag Variety	Sweet & Sour Chicken Veg Brown Rice Fresh Broccoli Fresh Carrots Strawberry Cup Apple Juice Alternate: Lunch bag Variety	BBQ Chicken Sandwich Corn Fresh Orange Peach Cup Alternate: Lunch bag Variety	Bosco Sticks 6" w/ Marinara Fresh Carrots Fresh Orange Three Bean Salad Alternate: Lunch bag Variety	
15	16	17	18	19	
No School Conference Prep	Breaded Chicken Patty on WG Bun American Cheese Shredded Lettuce Potato Salad Fresh Banana Mayo PC Alternate: Lunch bag Variety	Sloppy Joe on WG Bun Corn Fresh Carrots Peach Cup Raisins Alternate: Lunch bag Variety	Chicken and Waffles* Chicken tenders WG waffles, Syrup Carrots Fresh Orange Applesauce Alternate: Lunch Bag Variety	Chicken Nachos WG Tortilla Chips Shredded Cheddar & Lettuce Fresh Broccoli Mixed fruit Cup Apple Juice Alternate: Lunch Bag Variety	
22	23	24	25	26	
Pizza Chicken Burger on WG Bun Corn Niblets Potato Salad Fresh Banana Raisins Alternate: Lunch bag Variety	French Toast & Turkey Sausage* Fresh Carrots Fresh Cuke Coins Strawberry Cup Orange Juice Syrup PC Alternate: Lunch bag Variety	No School Thanksgiving	No School Thanksgiving	No School Thanksgiving	
29	30	Dec 1	Dec 2	Dec 3	
Mac & Cheese Corn Bread Fresh Vegetable Choice Applesauce Alternate: Lunch bag Variety	BBQ Drumstick w/ Brown Rice WG Teabiscuit Macaroni Salad Fresh Carrots Fresh Banana Strawberry Cup Alternate: Lunch bag Variety	Turkey w/ Gravy Sourdough Biscuit Mashed Potatoes Fresh Vegetable Choice Peach Cup Raisins Alternate: Lunch bag Variety	Softshell Beef Taco Black Beans WG 8" Tortilla Shredded Cheese & Lettuce Salsa Fresh Apple Alternate: Lunch bag Variety	Teriyaki Chicken Brown Rice Broccoli Cucumber Mandarin Oranges Alternate: Lunch bag Variety	
Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast	
Assorted Muffin String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Breakfast Bar or Cereal String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Warm Bagel String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Breakfast Bar or Cereal String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Warm Pop Tart String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	
MILK VARIETY SERVED AT EVERY MEAL 1% MILK, 1% CHOCOLATE MILK					
ALL BREADS SERVED ARE WHOLE GRAIN.					
Lancer Dining does not serve any products that contains pork, peanuts or peanut oil. All products are baked or steamed, never fried.					