

For the 2021-2022 school year,
all students get free school
meals under an extended
federal program for Covid19



Menu Subject to Change				
DECEMBER FOOD SERVICE MENU				
2021				
Monday	Tuesday	Wednesday	Thursday	Friday
Nov 29	Nov 30	1	2	3
Mac & Cheese WG Teabiscuit Mixed Vegetables Applesauce Cup Alternate: Lunch bag Variety	BBQ Drumstick w/ Brown Rice WG Teabiscuit Fresh Carrots Fresh Banana Fruit Chef's Choice Alternate: Lunch bag Variety	Turkey w/ Gravy* Sourdough Biscuit Mashed Potatoes Fresh Celery Peach Cup Raisins Alternate: Lunch bag Variety	Softshell Beef Taco Black Beans WG 8" Tortilla Shredded Cheese & Lettuce Salsa Fresh Apple Alternate: Lunch bag Variety	Teriyaki Chicken Brown Rice Broccoli Fresh Orange Fruit Cup Alternate: Lunch bag Variety
6	7	8	9	10
Beef Hot Dog on WG Hot Dog Bun Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC Alternate: Lunch bag Variety	Chicken Parmesan Sandwich WG Hamburger Bun Marinara Sauce & Shredded Mozzarella Green Beans Fresh Banana Raisins Alternate: Lunch bag Variety	Sweet & Sour Chicken* Corn Muffin Fresh Broccoli Fresh Carrots Strawberry Cup Apple Juice Alternate: Lunch bag Variety	BBQ Chicken Sandwich Corn Fresh Orange Peach Cup Alternate: Lunch bag Variety	Bosco Sticks 6" w/ Marinara Fresh Carrots Fresh Orange Fresh Apple Alternate: Lunch bag Variety
13	14	15	16	17
Beef Meatball Sub, WG Hoagie Bun Mozzarella Cheese Fresh Carrots Fresh Broccoli Applesauce Cup Alternate: Lunch bag Variety	Breaded Chicken Patty on WG Bun American Cheese Shredded Lettuce Cuke Coins Fresh Apple Mayo PC Alternate: Lunch bag Variety	Sloppy Joe on WG Bun Corn Fresh Carrots Peach Cup Raisins Alternate: Lunch bag Variety	Chicken and Waffles* Chicken tenders WG waffles, Syrup Carrots Fresh Orange Applesauce Alternate: Lunch Bag Variety	Chicken Nachos WG Tortilla Chips Shredded Cheddar & Lettuce Fresh Broccoli Mixed fruit Cup Apple Juice Alternate: Lunch Bag Variety
20	21	22	23	24
<h1 style="margin: 0;">No School Winter Break</h1>				
27	28	29	30	31
<h1 style="margin: 0;">No School Winter Break</h1>				
Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast
Assorted Muffin String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Breakfast Bar or Cereal String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Warm Bagel String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Breakfast Bar or Cereal String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice	Warm Pop Tart String Cheese or Sunflower Seeds 4 oz Juice Cup Fresh or Dried Fruit Milk Choice
MILK VARIETY SERVED AT EVERY MEAL 1% MILK, 1% CHOCOLATE MILK				
All BREADS SERVED ARE WHOLE GRAIN.				
Lancer Dining does not serve any products that contains pork, peanuts or peanut oil. All products are baked or steamed, never fried.				