

For the 2021-2022 school year,
all students get free school
meals under an extended
federal program for Covid19



Menu Subject to Change					SEPTEMBER FOOD SERVICE MENU					2021				
Monday		Tuesday		Wednesday		Thursday		Friday						
6		7		8		9		10						
No School Labor Day		BBQ Drumstick w/ Brown Rice WG Teabiscuit Fresh Carrots Fresh Banana Strawberry Cup Alternate: Lunch bag Variety		Turkey w/ Gravy WG Teabiscuit Mashed Potatoes Fresh Celery Peach Cup Raisins Alternate: Lunch Bag Variety		Softshell Beef Taco Black Beans WG 8" Tortilla Shredded Cheese & Lettuce Salsa Fresh Apple Alternate: Lunch Bag Variety		Breakfast for Lunch Cereal Bowl Chicken Bites Applesauce Cup Fruit Juice Sunflower Seeds						
13		14		15		16		17						
Beef Hot Dog on WG Hot Dog Bun Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC Alternate: Lunch Bag Variety		Chicken Parmesan Sandwich WG Hamburger Bun Marinara Sauce & Shredded Mozzarella Green Beans Fresh Banana Raisins Alternate: Lunch Bag Variety		Sweet & Sour Chicken Veg Brown Rice Fresh Broccoli Fresh Carrots Strawberry Cup Apple Juice Alternate: Lunch Bag Variety		BBQ Chicken Sandwich Corn Fresh Orange Peach Cup Alternate: Lunch Bag Variety		BBQ Chicken Salad WG Tea Biscuit Turkey Stick, Cheese Stick Applesauce Cup Crackers Fruit Juice Sunflower Seeds						
20		21		22		23		24						
Beef Meatball Sub, WG Hoagie Bun Mozzarella Cheese Fresh Carrots Fresh Broccoli Applesauce Cup Alternate: Lunch Bag Variety		Breaded Chicken Patty on WG Bun American Cheese Shredded Lettuce Cuke Coins Fresh Apple Mayo PC Alternate: Lunch Bag Variety		Sloppy Joe on WG Bun Corn Fresh Carrots Peach Cup Raisins Alternate: Lunch Bag Variety		Chicken Tenders WG Tea Biscuit Veg Baked Beans Fresh Orange Strawberry Cup BBQ Sauce PC Alternate: Lunch Bag Variety		Chicken Nachos WG Tortilla Chips Shredded Cheddar & Lettuce Fresh Broccoli Mixed fruit Cup Apple Juice Alternate: Lunch Bag Variety						
27		28		29		30		October 1						
Pizza Chicken Burger on WG Bun Corn Niblets Fresh Apple Alternate: Lunch Bag Variety		French Toast & Turkey Sausage Fresh Carrots Fresh Cuke Coins Strawberry Cup Orange Juice Syrup PC Alternate: Lunch Bag Variety		Beef Cheeseburger on WG Bun Veg Baked Beans Applesauce Cup Ketchup PC Alternate: Lunch Bag Variety		Chicken Marinara, Mozzarella Cheese WG Teabiscuit Brown Rice Fresh Broccoli Fresh Orange Applesauce Cup Alternate: Lunch Bag Variety		Buffalo Chicken on WG Bun Fresh Carrots Fresh Celery Sticks Fresh Apple Giant Graham Alternate: Lunch Bag Variety						
Monday Breakfast		Tuesday Breakfast		Wednesday Breakfast		Thursday Breakfast		Friday Breakfast						
Breakfast Bar String Cheese 4 oz Juice Cup Fresh or Dried Fruit Milk Choice		Warm Bagel Cream Cheese 4 oz Juice Cup Fresh or Dried Fruit Milk Choice		Assorted Muffin String Cheese 4 oz Juice Cup Fresh or Dried Fruit Milk Choice		Breakfast Roll String Cheese 4 oz Juice Cup Fresh or Dried Fruit Milk Choice		Warm Pop Tart String Cheese 4 oz Juice Cup Fresh or Dried Fruit Milk Choice						
MILK VARIETY SERVED AT EVERY MEAL 1% MILK, 1% CHOCOLATE MILK														
All BREADS SERVED ARE WHOLE GRAIN.														
Lancer Dining does not serve any products that contains pork, peanuts or peanut oil. All products are baked or steamed, never fried.														