

TWIN CITIES ACADEMY

MIDDLE SCHOOL HIGH SCHOOL

A Message From Director Lueth

We are so excited to have all our students back in the building. So far so good - students are practicing all the safety measures we have in place and are even reporting enjoying being back in school. We are doing everything possible to keep them in school as well.

As a reminder, if your student is vaccinated, they will not need to quarantine if there is a close contact situation but are still advised to test as a precautionary measure. Please make sure we have your student's updated vaccine status on file by contacting Arlene Seashore at aseashore@twincitiesacademy.org or calling 651-205-4797.

Beginning this week TCA will also have rapid COVID tests to use if students come to the office feeling ill, or for asymptomatic testing as well. The best defense for all of us, is if you or your student is eligible to be vaccinated, please talk to your healthcare provider to get this done, if you haven't already. The only way to keep our school open long-term is through masking and vaccinating. We are also looking forward to hosting another vaccine clinic in the next few weeks, sponsored by Black Nurses Rock. Please watch the newsletter in the coming weeks for more information.

As we tackle the physical health and safety of our students, we are also keenly aware of the academic and mental health needs of our students. As we begin to restore what we have lost during these past 15 months, and build on what we have gained, TCA is hosting several ways to make your voice heard as we plan for the future. Included in this newsletter is a link to a short survey to help us understand what your student needs most as we get back to a more "normal" school year. I will also be hosting a Zoom call on Thursday September 16th at 6 p.m. for all families to attend and discuss with me their hopes and dreams for this upcoming year. A link to sign up for that session is also in the newsletter below.

Please also join us for our Curriculum Night on Thursday September 23rd from 6 p.m. - 8 p.m. We will begin the evening with a brief presentation about our priorities for the school year, and how we hope to accomplish them. Following this presentation, family members will have a chance to briefly attend each class their student attends, and meet the teacher. Masking is required for all people in our school, and social distancing will be strictly adhered to, at all times.

We look forward to reconnecting with all of you! Have a great week and please reach out if we can help in any way.

Betsy Lueth

UPCOMING IMPORTANT DATES

September 20 - Parent Feedback Session (Zoom)

September 23 - Parent Curriculum Night

September 23 - SEAC Committee

September 23 - Senior Parent Night

September 24 - Field Day & Early Release at 1:20PM

BASEBALL

Any middle schoolers interested in playing baseball, please attend our first ever fall clinic.

Here is the link to our 3-Saturday MS Baseball clinic to be held at Nova:

<https://novaclassical.revtrak.net/Athletics/CampsClinics/>

6-8th Grade TCA, Nova + GRS Students interested in Baseball

\$50 Registration deadline: noon of Monday, 9/13

Three Saturdays: September 18 and 25; and October 2

Noon-2:00pm @ Nova Turf/Cage

Current HS Players help instruct

Money goes toward equipment and student-athletes who can't afford items.



For additional Questions contact Scott Lindholm at slindholm@twincitiesacademy.org

WEIGHTLIFTING CLUB



Ready to bring it to the next level in your next sport? Want to begin a lifelong habit of staying in shape?

Join the after school weight lifting club. There are three different programs offered:

All programs start Monday 9/13 from 4:15-5:30PM and will run until the beginning of Winter Sports- November 19th.

Sign Up using this [link](#).

Any questions please contact Mr. E.W at belyeawheeler@twincitiesacademy.org

TCA BOYS BASKETBALL OPEN GYM

Boys Basketball will have open gym on Wednesdays from 7-8:30p.

Open to grades 8-12 that are interested in playing Varsity, JV, or C-Squad basketball this season.

Contact Coach Moffitt at dmoffitt@twincitiesacademy.org for any other information needed.



FREE FLAG FOOTBALL



Who: Anyone in grades 5th-8th

Where: St. Croix Prep

When: 4:20pm-5:00pm on Mondays and Wednesdays (Monday September 13th- Wednesday October 6th)

What: Wear athletic clothing and bring a water bottle, cleats are not required but recommended

Why: Why Not!!!! Come out and have some fun, and bring your friends!!

How: How much? FREE!!!!

Contact: noahdombrovski@stcroixprep.org / St Croix Prep Academy

Traveling Basketball Workouts & Tryouts



THE **SANNEH** FOUNDATION

Do you have a son or daughter ready to play more competitive traveling basketball in a supportive & instructional environment? Come check us out! We are focused on empowering youth through sports, while building a culture of growth, respect & responsibility!

2021-2022 CONWAY CENTRAL AREA WINTER TRAVELING BASKETBALL WORKOUTS & TRYOUTS *(no cost to attend; masks are required)*

@ Twin Cities Academy 690 Birmingham Street, St. Paul, MN 55106

Please attend at least one workout before tryouts. Coaches will be on hand to answer any questions.

GIRLS 5TH—8TH GRADE

WORKOUTS:

Sat, 9/11 1-3pm

Sat, 9/18 1-3pm

Sat, 9/25 1-3pm

TRYOUTS:

Sat, 10/2 1-3pm

Sat, 10/9 1-3pm

BOYS 5TH—6TH GRADE

WORKOUTS:

Sun, 9/12 2-3:30pm

Sun, 9/19 2-3:30pm

Sun, 9/26 2-3:30pm

TRYOUTS:

Sun, 10/3 2-3:30pm

Sun, 10/10 2-3:30pm

BOYS 7TH—8TH GRADE

WORKOUTS:

Sun, 9/12 4-5:30pm

Sun, 9/19 4-5:30pm

Sun, 9/26 4-5:30pm

TRYOUTS:

Sun, 10/3 4-5:30pm

Sun, 10/10 4-5:30pm

Conway Central Area (CCA) Basketball Association is a non-profit volunteer organization that seeks to provide the city of St. Paul youth the opportunity to play traveling basketball.

We had a good 2020-2021 season with a number of our girls and boys teams placing in their respective divisions in Grade State.

We are excited to continue to expand our program with more players and more teams. Winter Traveling Basketball practice starts in late October and runs through early March. Teams normally have 8-10 tournaments on weekends, starting in November and running through early March. There will be a participation fee which covers tournament and gym rental fees*.

For more information, please contact Program Director, Coach Dennis Blue @ ccatravelbasketball@gmail.com or **6128892343** or check out facebook.com/conwaycentralarea.

*Participation fees will be based on the number of tournaments and players per team. CCA does offer partial financial assistance opportunities. If you would like to request financial assistance, please email ccatravelbasketball@gmail.com. Our Program Director will work with you directly.

Field Day - Friday September 24th!



On Friday, September 24 TCA will have field day to kick off Homecoming--middle school and high school!

Students can be out of uniform and should be dressed for physical activity, especially footwear.

They should bring a water bottle and be prepared for whatever the weather may bring since field day is outdoors.



TCA'S CURRICULUM NIGHT

Join us for TCA's Curriculum Night on:

Thursday September 23rd 6-8pm

You will have the opportunity to meet teachers, learn more about your student's classes and run through their schedule, and see the building (check out our mural in the dining hall!) and familiarize yourself with TCA's community. There will not be a time for specific questions about your individual student during the rotations, so please email the teacher to ask those questions or to schedule a time to meet with them.

For contact tracing purposes, we need you to please RSVP via this Google Form:

<https://forms.gle/KnVgNqLmj3gybV6L7>

We look forward to seeing you there!



SEAC MEETING

Waving the Magic Wand: COVID Recovery and Your Child

An Event for Twin Cities Academy Parents and Guardians of Students with IEP's

Thursday, September 23, 2021

5 to 6 p.m.

In the TCA school cafeteria
(followed by TCA's all-school Curriculum Night)

Pizza and Pop at 5 p.m.

[RSVP here](#) so we can have enough food!



PBIS COMMUNITY CORNER

This is our first year introducing the Positive Behavior Intervention & Supports (PBIS) framework to TCA. You may have heard your student talk about learning how best to travel in the hallways or even to and from the bathrooms. This is a part of the PBIS framework to ensure that there are minimum assumptions. Teaching and reteaching will become the norm. We value our ROAR (Respect, Optimism, Achievement, Responsibility) as a community.

Our hope is to keep you in the know, to make this a full circle opportunity for us all to grow. In the next few weeks we will be going over these expectations. Feel free to role play and/or ask your students what they learned.



LIBRARY

The Librarian is in!

Learn more about the library, check out and return policies, how to check out books etc. [here](#).

Browse TCA Library's catalog of books [here](#).

Students may email library@twincitiesacademy.org to request a book.

Students can use their Library Go virtual library card to access the [St. Paul Public Library](#).

Questions or concerns? Please contact the librarian, Ms. Delesha, at library@twincitiesacademy.org

Parent Survey

Family Survey - We want to hear from
you!

Please complete the Family Survey to let us know how this school year
went. We want your feedback so we know what we can do better in the
future.

[English Survey](#)

[Spanish Survey](#)

[Hmong Survey](#)

[Somali Survey](#)

Important High School Yearbook Dates: 2021-22

- 10.15.21 | Parents of seniors: find a baby photo! Parents/families of seniors have the option to buy space in the high school yearbook to celebrate their child. For \$17, you can publish a congratulatory message (limit 350 words) and a childhood photo of your graduating senior. Please send the photo and message to eneilson@twincitiesacademy.org. You can complete your payment in Infinite Campus. No photos/messages will be accepted after this date.
- 11.20.21 | Buy the yearbook early and save money. Purchase the high school yearbook by 11/20/21 and save \$5. Visit this link to purchase. (This is for HS only.)
- 01.21.22 | Seniors: submit your senior photo & quote! All senior photos and quotes MUST be submitted by this date. You can e-mail these to eneilson@twincitiesacademy.org. Watch for a Google Form in Schoology later this month for a place to submit senior quotes.
- 03.01.22 | Want your book personalized? Order it by this date! No books can be personalized after this date.
- May, TBD | Distribution. Yearbooks usually arrive in the last few weeks of May.

We are only printing 100 books this year, so make sure to order yours right away to ensure you get one!

If you have questions about the high school yearbook, please direct them to high school yearbook advisor Ms. Neilson at eneilson@twincitiesacademy.org. (If you need information on the middle school yearbook for a younger sibling, please contact Ms. Gibson at kgibson@twincitiesacademy.org).





Lifetouch

PICTURE DAY IS COMING



Order your school pictures
today on mylifetouch.com



Thursday, October 07, 2021
Twin Cities Academy



- ① Visit mylifetouch.com
- ② Enter your Picture Day ID
EVT9XRSVP
- ③ Order your perfect package—
and don't worry about returning
anything on Picture Day!

Lifetouch
REWARDS™

Earn exclusive offers for your
online picture purchases.

Retake Day: Thursday, December 2nd, 2021



Lifetouch



YA LLEGA EL DÍA DE LA FOTO



Encarga hoy tus fotos
escolares en mylifetouch.com



Thursday, October 07, 2021 \ jueves, 7 de octubre, 2021
Twin Cities Academy

① Visita mylifetouch.com

② Ingresa tu identificación
del Día de la Foto

EVT9XRSVP

③ Encarga tu paquete perfecto,
¡y no te preocupes por devolver
nada el Día de la Foto!

Lifetouch
REWARDS™

Gana ofertas exclusivas para tus
compras de fotos en línea.

Retake Day: Thursday, December 2nd, 2021

Drivers Education Classes Online



Drivers Education Classes Online and Behind the Wheel

Provided by A+ Driving School

Mandatory 30 hours of classroom instruction required by the State of Minnesota to apply for a permit.

Zoom Classes Only

Session 1: 6:15 – 9:15 pm Sep. 13,14,15,16,20,21,22,23, 27,28

Session 2: 6:15 – 9:15 pm Oct. 4,5,6,7, 11,12,13,14, 18,19

Session 3: 6:15 – 9:15 pm Oct. 25,26,27,28, Nov. 3,4, 8,9,10,11

Session 4: 6:15 – 9:15 pm Nov. 15,16,17,18, 22,23, 29,30, Dec. 1,2

Session 5: 6:15 – 9:15 pm Dec. 6,7,8,9, 13,14,15,16, 20,21

Session 6: 9:30 am – 12:30 pm OR 12:45 – 3:45 pm (1 class limit per day. Dec. 19, 22,23,24,26,27,28,29,30,31

WHO: Eligible: Students who are 14 years old or older.

COST: Option 1: \$420 includes classroom & behind-the-wheel instruction.

Option 2: \$260 for the classroom only instruction and \$185 for behind-the-wheel instruction at a later date.

HOW: Register and pay online at:

<https://aplusdrivingschool.net/register-for-class/twin-cities-academy/>

Installment payments can be made through the web site.

WHAT ELSE?

■ **Missed Classes / Late to Class.** Contact A+ Driving School www.aplusdrivingschool.net to schedule makeup online classes locations at no additional cost. 30 hours are required by the state. Students late to class will not get credit for that class.

■ **Classroom Lesson Completion.** Students will receive a certificate upon completing 30 hours of instruction. Once a student is 15 years of age, they may take the permit test. Proof of classroom instruction (the certificate) is required at the DMV in order to take the permit test.

Click Registration Link [HERE](#)

Energy Assistance Program



GOT BILLS **HANGING** OVER YOUR HEAD?

Minnesota's Energy Assistance Program helps pay energy bills

More Minnesota households than ever before are eligible. You may also qualify for the Weatherization Assistance Program for free home improvements to permanently reduce your energy bills.

HELP FOR RENTERS AND HOMEOWNERS:

- Up to \$1,600 to pay your energy bills
- Free repair or replacement of homeowner's broken furnace
- Free energy efficiency home upgrades to lower your bills

ARE YOU ELIGIBLE?

Household size	Annual income
1	\$33,918
2	\$44,355
3	\$54,791
4	\$65,228

LEARN MORE

1-800-657-3710
mn.gov/commerce/eap.jsp

or search "Minnesota Energy Assistance"
in your internet browser



Links to: [Spanish flyer](#) - [Hmong flyer](#) - [Somali flyer](#)

Are you stressed about paying utility bills?

Apply for Minnesota's energy assistance program today. Get up to \$1,600 to help pay your energy bills. You could get \$1,200 more to cover past-due bills.

Apply now mn.gov/commerce/eap.jsp