## JOIN ROWING

Power Ten's vision: to create an uncompromising competitive program that reflects the rich diversity of our community. We know inherently that working and playing together is the way to make change.



## MONDAY JANUARY 18, 2021 6PM

Students and parents join us to learn about the sport and college scholarship opportunities

Hear from coaches, rowers, and find out how to get started

Zoom Meeting ID 351-202-7312

## No experience needed!

Young rowers ages 13-18 will build strength, stamina, & technique in a socially-distanced program comprising indoor & outdoor training

Winter training is offered at: 882 Rice St 1908 University Ave W and virtually On the water practice begins in April on Lake Phalen

Register or for more information go to <a href="www.powerten.org">www.powerten.org</a> for more information about Lake Phalen Community Rowing aka Power Ten **Ouestions?** 

Please contact Grace Gardner 612-512-6267 at coach@powerten.org or Co-Directors Ixchel McKinnie and Annie Trimberger at 612-743-6358 director@powerten.org