

Breakfast costs 1.80 per day\*

Lunch costs 3.00 per day\*



<b>Menu Subject to Change</b>					<b>JANUARY FOOD SERVICE MENU</b>					<b>2020</b>				
<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>						
<b>6</b>		<b>7</b>		<b>8</b>		<b>9</b>		<b>10</b>						
<b>Chicken Patty</b> Hamburger Bun Vegetarian Baked Beans Baby Carrots Fresh Apple Fresh Fruits & Veggies Bar		<b>Beef Nachos</b> Cheese Sauce Corn Chips Shredded Romaine Salsa Fresh Banana Fresh Fruits & Veggies Bar		<b>Chicken Drumstick</b> Vegetable Brown Rice Zucchini Chopped Romaine Diced Pears Fresh Fruits & Veggies Bar		<b>Cheeseburger</b> Hamburger Bun American Cheese Slice Roasted Potato Wedges Fresh Broccoli Mandarin Oranges Fresh Fruits & Veggies Bar		<b>Garlic Cheese Pizza Bread</b> Marinara Sauce Shredded Romaine Celery Sticks Fresh Apple Fresh Fruits & Veggies Bar						
<b>13</b>		<b>14</b>		<b>15</b>		<b>16</b>		<b>17</b>						
<b>Chicken Flatbread Gyro or Turkey Club Sub</b> Cucumbers Diced Tomatoes Diced Pears Fresh Fruits & Veggies Bar		<b>Chicken Tacos</b> Whole Wheat Tortilla Seasoned Black Beans Shredded Cheddar Cheese Shredded Romaine, Taco Sauce Fresh Banana Fresh Fruits & Veggies Bar		<b>BBQ Turkey Burger</b> WG Hamburger Bun Loaded Mashed Potatoes Baby Carrots Fresh Cut Melon Fresh Fruits & Veggies Bar		<b>Beef Hot Dog</b> WG Hot Dog Bun Sweet Potato Cubes Broccoli Fresh Apple Fresh Fruits & Veggies Bar		<b>No School Staff Development</b>						
<b>20</b>		<b>21</b>		<b>22</b>		<b>23</b>		<b>24</b>						
<b>No School Dr. Martin Luther King Jr. Day</b>		<b>Beef Tacos</b> Refried Beans Tortilla Salsa Shredded Cheddar Cheese Shredded Romaine Fresh Banana Fresh Fruits & Veggies Bar		<b>Popcorn Orange Chicken</b> Fried Vegetable Brown Rice Fresh Broccoli Fresh Zucchini Tropical Fruit Orange Sauce Fresh Fruits & Veggies Bar		<b>BBQ Chicken Drumstick</b> Potato Cubes Grape Tomatoes Carrot Sticks Fresh Apple Dinner Roll Fresh Fruits & Veggies Bar		<b>Italian Seasoned Beef</b> Garlic Toast Shredded Mozzarella Cheese Tossed Spinach Fresh Orange Fresh Fruits & Veggies Bar						
<b>27</b>		<b>28</b>		<b>29</b>		<b>30</b>		<b>31</b>						
<b>Turkey Cheeseburger</b> American Cheese Slice Vegetarian Baked Beans Whole Grain Hamburger Bun Fresh Carrots Fresh Apple Fresh Fruits & Veggies Bar		<b>BBQ Chicken Meatballs</b> Jicama Sticks Fresh Broccoli Fresh Orange Dinner Roll Fresh Fruits & Veggies Bar		<b>Beef Chili Cheese Fries</b> Shredded Cheddar Cheese Potato Wedges Whole Grain Cookie Pea Pods, Fresh Apple Dinner Roll (HS only) Fresh Fruits & Veggies Bar		<b>Cheese Stuffed Breadsticks</b> Marinara Dipping Sauce Green Beans Fresh Iceberg and Romaine Mix Diced Peaches Fresh Fruits & Veggies Bar		<b>Walking Taco Beef</b> Whole Grain Taco Chips Shredded Cheddar Cheese Shredded Romaine Fresh Carrots & Diced Tomatoes Applesauce Fresh Fruits & Veggies Bar						
<b>Monday Breakfast</b>		<b>Tuesday Breakfast</b>		<b>Wednesday Breakfast</b>		<b>Thursday Breakfast</b>		<b>Friday Breakfast</b>						
Breakfast Bar Choice String Cheese 4 oz Juice Cup Dried Fruit Milk Choice		Assorted Muffin Cream Cheese 4 oz Juice Cup Dried Fruit Milk Choice		Warm Bagel String Cheese 4 oz Juice Cup Dried Fruit Milk Choice		Breakfast Roll String Cheese 4 oz Juice Cup Dried Fruit Milk Choice		Warm Pop Tart String Cheese 4 oz Juice Cup Dried Fruit Milk Choice						
<b>MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1% MILK, FAT FREE CHOCOLATE AND STRAWBERRY MILK.</b> <b>ALL BREADS SERVED ARE WHOLE GRAIN. Lancer Dining does not serve any products that contains pork, peanuts or peanut oil. All products are baked or steamed, never fried.</b>														