

Breakfast costs 1.80 per day\*

Lunch costs 3.00 per day\*



Menu Subject to Change					DECEMBER FOOD SERVICE MENU					2019				
Monday		Tuesday		Wednesday		Thursday		Friday						
2		3		4		5		6						
<b>Chicken Patty</b> Hamburger Bun Vegetarian Baked Beans Baby Carrots Fresh Apple Fresh Fruits & Veggies Bar		<b>Beef Nachos</b> Cheese Sauce Corn Chips Shredded Romaine Salsa Fresh Banana Fresh Fruits & Veggies Bar		<b>Chicken Drumstick</b> Vegetable Brown Rice Zucchini Chopped Romaine Diced Pears Fresh Fruits & Veggies Bar		<b>Cheeseburger</b> Hamburger Bun American Cheese Slice Roasted Potato Wedges Fresh Broccoli Mandarin Oranges Fresh Fruits & Veggies Bar		<b>Garlic Cheese Pizza Bread</b> Marinara Sauce Shredded Romaine Celery Sticks Fresh Apple Fresh Fruits & Veggies Bar						
9		10		11		12		13						
<b>Chicken Flatbread Gyro or Turkey Club Sub</b> Cucumbers Diced Tomatoes Diced Pears Fresh Fruits & Veggies Bar		<b>Chicken Tacos</b> Whole Wheat Tortilla Seasoned Black Beans Shredded Cheddar Cheese Shredded Romaine, Taco Sauce Fresh Banana Fresh Fruits & Veggies Bar		<b>BBQ Turkey Burger</b> WG Hamburger Bun Loaded Mashed Potatoes Baby Carrots Fresh Cut Melon Fresh Fruits & Veggies Bar		<b>Beef Hot Dog</b> WG Hot Dog Bun Sweet Potato Cubes Broccoli Fresh Apple Fresh Fruits & Veggies Bar		<b>Italian Meat Sauce</b> Penne Pasta Dinner Roll (HS only) Shredded Romaine Jicama Sticks Fresh Orange Fresh Fruits & Veggies Bar						
16		17		18		19		20						
<b>French Toast</b> Turkey Sausage Celery sticks Carrot Sticks Diced Pears Fresh Fruits & Veggies Bar		<b>Beef Tacos</b> Refried Beans Tortilla Salsa Shredded Cheddar Cheese Shredded Romaine Fresh Banana Fresh Fruits & Veggies Bar		<b>Popcorn Orange Chicken</b> Fried Vegetable Brown Rice Fresh Broccoli Fresh Zucchini Tropical Fruit Orange Sauce Fresh Fruits & Veggies Bar		<b>BBQ Chicken Drumstick</b> Potato Cubes Grape Tomatoes Carrot Sticks Fresh Apple Dinner Roll Fresh Fruits & Veggies Bar		<b>Italian Seasoned Beef</b> Garlic Toast Shredded Mozzarella Cheese Tossed Spinach Fresh Orange Fresh Fruits & Veggies Bar						
23 / 30		24 / 31		25		26		27						

# No School Winter Break

Monday Breakfast		Tuesday Breakfast		Wednesday Breakfast		Thursday Breakfast		Friday Breakfast	
Breakfast Bar Choice String Cheese 4 oz Juice Cup Dried Fruit Milk Choice		Assorted Muffin Cream Cheese 4 oz Juice Cup Dried Fruit Milk Choice		Warm Bagel String Cheese 4 oz Juice Cup Dried Fruit Milk Choice		Breakfast Roll String Cheese 4 oz Juice Cup Dried Fruit Milk Choice		Warm Pop Tart String Cheese 4 oz Juice Cup Dried Fruit Milk Choice	

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1% MILK, FAT FREE CHOCOLATE AND STRAWBERRY MILK.

ALL BREADS SERVED ARE WHOLE GRAIN. Lancer Dining does not serve any products that contains pork, peanuts or peanut oil. All products are baked or steamed, never fried.