

Breakfast costs 1.80 per day\*

Lunch costs 3.00 per day\*



Menu Subject to Change				
April FOOD SERVICE MENU				
2019				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<b>No School - Spring Break</b>				
8	9	10	11	12
<b>Cheeseburger</b> Vegetarian Baked Beans Hamburger Bun Fresh Carrots Fresh Apple Ketchup Fresh Fruits & Veggies Bar	<b>BBQ Beef Riblet</b> Glazed Carrots Hoagie Roll Fresh Broccoli Fresh Banana Applesauce Fresh Fruits & Veggies Bar	<b>Chicken Alfredo w/ Penne Pasta</b> <b>OR Roast Turkey Sandwich</b> WG French Bread & Butter PC Romaine Salad Celery Sticks Fresh Orange & Craisins Fresh Fruits & Veggies Bar	<b>Chicken Strips</b> Steamed Corn Cucumber Coins Fresh Melon BBQ Dipping Sauce WG Dinner Roll Fresh Fruits & Veggies Bar	<b>Walking Taco Beef</b> WG Nacho Chips Shredded Cheddar Cheese Shredded Romaine Fresh Carrot Stick & Ranch Dressing Chilled Peaches Giant Graham Fresh Fruits & Veggies Bar
15	16	17	18	19
<b>Turkey Mini Corn Dogs</b> Vegetarian Baked Beans Fresh Carrots Fresh Apple Ketchup Fresh Fruits & Veggies Bar	<b>BBQ Chicken Slider</b> Mac & Cheese WG Hamburger Bun Jicama Sticks Zucchini Coins Fresh Banana Craisins Fresh Fruits & Veggies Bar	<b>Sweet &amp; Sour Chicken Meatballs</b> Vegetable Brown Rice Fresh Broccoli Chilled Pineapple Grape Tomatoes Fresh Fruits & Veggies Bar	<b>Cheese Stuffed Breadsticks</b> Marinara Dipping Sauce Kale & Romaine Salad Pea Pods Fresh Melon Fresh Fruits & Veggies Bar	<b>Italian Meatsauce</b> WG Penne Pasta Kohlrabi Sticks Carrot Sticks Fresh Grapes Fresh Fruits & Veggies Bar
22	23	24	25	26
<b>Chicken Flatbread Gyro</b> <b>OR Turkey Club Sub</b> Cucumber Coins Shredded Romaine Diced Tomatoes Mandarin Oranges Fresh Fruits & Veggies Bar	<b>Beef Tacos</b> Seasoned Black Beans WG Tortilla Salsa Shredded Cheddar Cheese Shredded Romaine Fresh Banana Applesauce Fresh Fruits & Veggies Bar	<b>Popcorn Orange Chicken</b> Fried Vegetable Brown Rice Fresh Broccoli Fresh Carrots Fresh Melon Orange Sauce Fresh Fruits & Veggies Bar	<b>BBQ Beef Meatballs</b> Potato Wedges WG Cornbread Grape Tomatoes Applesauce Fresh Fruits & Veggies Bar	<b>Garlic Cheese Pizza Bread</b> Marinara Sauce Tossed Spinach Sliced Zucchini Fresh Orange Fresh Fruits & Veggies Bar
29	30	May 1	May 2	May 3
<b>French Toast</b> Turkey Sausage Celery Sticks Calypso Crush Juice Syrup Chilled Tropical Fruit Fresh Fruits & Veggies Bar	<b>Beef Hot Dog</b> Vegetarian Baked Beans WG Hot Dog Bun Cauliflower Florets Fresh Banana & Craisins WG Pretzel Goldfish (HS only) Fresh Fruits & Veggies Bar	<b>Chicken Drumstick</b> Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries WG Teabiscuit (HS only) Fresh Fruits & Veggies Bar	<b>Turkey Cheeseburger</b> Roasted Red Potatoes WG Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Fresh Fruits & Veggies Bar	<b>Teriyaki Chicken</b> Whole Grain Slider Bun Chicken Egg Roll Fresh Broccoli Fresh Apple Fresh Fruits & Veggies Bar
Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast
Breakfast Bar, Granola String Cheese, Yogurt 4 oz Juice Cup Fresh Fruit, Dried Fruit Milk Choice	Assorted Muffin String Cheese 4 oz Juice Cup Fresh Fruit, Dried Fruit Milk Choice	Warm Bagel Cream Cheese 4 oz Juice Cup Fresh Fruit, Dried Fruit Milk Choice	Breakfast Roll String Cheese 4 oz Juice Cup Fresh Fruit, Dried Fruit Milk Choice	Warm Pop Tart String Cheese 4 oz Juice Cup Fresh Fruit, Dried Fruit Milk Choice
<b>MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE CHOCOLATE. ALL BREADS SERVED ARE WHOLE GRAIN.</b>				
<b>Lancer Dining does not serve any products that contain pork, peanuts or peanut oil. All products are baked or steamed, never fried. All breads are whole grain.</b>				