

Breakfast costs 1.80 per day*

Lunch costs 3.00 per day*



Menu Subject to Change		MARCH FOOD SERVICE MENU			2019
	Tuesday	Wednesday	Thursday	Friday	
				1	
				Italian Seasoned Beef WG Garlic Toast Grape Tomatoes, Ranch Dressing Sliced Romaine & Iceberg Salad Fresh Orange, Applesauce Mozzarella Cheese Fresh Fruits & Veggies Bar	
4	5	6	7	8	
Cheeseburger Vegetarian Baked Beans Hamburger Bun Fresh Carrots Fresh Apple Ketchup Fresh Fruits & Veggies Bar	BBQ Beef Riblet Glazed Carrots Hoagie Roll Fresh Broccoli Fresh Banana Applesauce Fresh Fruits & Veggies Bar	Turkey Club Sub WG French Bread & Butter PC Romaine Salad Celery Sticks Fresh Orange & Craisins WG Teabiscuit w/ butter (HS only) Fresh Fruits & Veggies Bar	Chicken Strips Steamed Corn Cucumber Coins Fresh Melon BBQ Dipping Sauce WG Dinner Roll Fresh Fruits & Veggies Bar	Walking Taco Beef WG Nacho Chips Shredded Cheddar Cheese Shredded Romaine Fresh Carrot Stick & Ranch Dressing Chilled Peaches Giant Graham Fresh Fruits & Veggies Bar	
11	12	13	14	15	
Turkey Mini Corn Dogs Vegetarian Baked Beans Fresh Carrots Fresh Apple Fresh Fruits & Veggies Bar	BBQ Chicken Slider Mac & Cheese WG Hamburger Bun Jicama Sticks Zucchini Coins Fresh Banana Craisins Fresh Fruits & Veggies Bar	Beef Nachos Cheese Sauce Corn Tortilla Chips Broccoli Chilled Pineapple Shredded Lettuce & Salsa Fresh Fruits & Veggies Bar	Cheese Stuffed Breadsticks Marinara Dipping Sauce Vegetable Blend Fresh Melon Fresh Fruits & Veggies Bar	Italian Meatsauce WG Penne Pasta Fresh Pea Pods Carrot Sticks Fresh Grapes Fresh Fruits & Veggies Bar	
18	19	20	21	22	
Turkey Club Sub Cucumber Coins Shredded Romaine Diced Tomatoes Mandarin Oranges Fresh Fruits & Veggies Bar	Beef Tacos Seasoned Black Beans WG Tortilla Salsa Shredded Cheddar Cheese Shredded Romaine Fresh Banana Applesauce Fresh Fruits & Veggies Bar	Popcorn Orange Chicken Fried Vegetable Brown Rice Fresh Broccoli Fresh Carrots Fresh Melon Orange Sauce Fresh Fruits & Veggies Bar	BBQ Chicken Meatballs Potato Wedges WG Cornbread Grape Tomatoes Applesauce Fresh Fruits & Veggies Bar	Garlic Cheese Pizza Bread Marinara Sauce Tossed Spinach Sliced Zucchini Fresh Orange Raisins Fresh Fruits & Veggies Bar	
25	26	27	28	29	
French Toast Turkey Sausage Celery Sticks Calypso Crush Juice Syrup Chilled Tropical Fruit Fresh Fruits & Veggies Bar	Beef Hot Dog Vegetarian Baked Beans WG Hot Dog Bun Cauliflower Florets Fresh Banana & Craisins WG Pretzel Goldfish (HS only) Fresh Fruits & Veggies Bar	Chicken Drumstick Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries WG Teabiscuit (HS only) Fresh Fruits & Veggies Bar	Turkey Cheeseburger Roasted Red Potatoes WG Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Fresh Fruits & Veggies Bar	Teriyaki Chicken Whole Grain Slider Bun Chicken Egg Roll Fresh Broccoli Fresh Apple Fresh Fruits & Veggies Bar	
Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast	
Breakfast Bar String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Warm Bagel Cream Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Assorted Muffin String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Breakfast Roll String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Warm Pop Tart String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1% MILK, FAT FREE CHOCOLATE AND STRAWBERRY MILK.

ALL BREADS SERVED ARE WHOLE GRAIN. Lancer Dining does not serve any products that contains pork, peanuts or peanut oil. All products are baked or steamed, never fried.