

Breakfast costs 1.80 per day\*

Lunch costs 3.00 per day\*



<b>Menu Subject to Change</b>					<b>FEBRUARY FOOD SERVICE MENU</b>					<b>2019</b>				
		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>						
								<b>1</b>						
								<b>No School Conference Prep</b>						
<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b>						
<b>Turkey Mini Corn Dogs</b> Vegetarian Baked Beans Fresh Carrots Fresh Apple  Fresh Fruits & Veggies Bar		<b>BBQ Chicken Slider</b> Mac & Cheese WG Hamburger Bun Jicama Sticks Zucchini Coins Fresh Banana Craisins Fresh Fruits & Veggies Bar		<b>Beef Nachos</b> Cheese Sauce Corn Tortilla Chips Broccoli Chilled Pineapple Shredded Lettuce & Salsa Fresh Fruits & Veggies Bar		<b>Cheese Stuffed Breadsticks</b> Marinara Dipping Sauce Vegetable Blend Fresh Melon  Fresh Fruits & Veggies Bar		<b>Italian Meatsauce</b> WG Penne Pasta Fresh Pea Pods Carrot Sticks Fresh Grapes  Fresh Fruits & Veggies Bar						
<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>		<b>15</b>						
<b>Turkey Club Sub</b> Cucumber Coins Shredded Romaine Diced Tomatoes Mandarin Oranges  Fresh Fruits & Veggies Bar		<b>Beef Tacos</b> Seasoned Black Beans WG Tortilla Salsa Shredded Cheddar Cheese Shredded Romaine Fresh Banana Applesauce Fresh Fruits & Veggies Bar		<b>Popcorn Orange Chicken</b> Fried Vegetable Brown Rice Fresh Broccoli Fresh Carrots Fresh Melon Orange Sauce Fresh Fruits & Veggies Bar		<b>BBQ Chicken Meatballs</b> Potato Wedges WG Cornbread Grape Tomatoes Applesauce  Fresh Fruits & Veggies Bar		<b>Garlic Cheese Pizza Bread</b> Marinara Sauce Tossed Spinach Sliced Zucchini Fresh Orange Raisins Fresh Fruits & Veggies Bar						
<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>						
<b>No School Presidents' Day</b>		<b>Beef Hot Dog</b> Vegetarian Baked Beans WG Hot Dog Bun Cauliflower Florets Fresh Banana & Craisins WG Pretzel Goldfish (HS only) Fresh Fruits & Veggies Bar		<b>Chicken Drumstick</b> Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries WG Teabiscuit (HS only) Fresh Fruits & Veggies Bar		<b>Turkey Cheeseburger</b> Roasted Red Potatoes WG Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Fresh Fruits & Veggies Bar		<b>Teriyaki Chicken</b> Whole Grain Slider Bun Chicken Egg Roll Fresh Broccoli Fresh Apple  Fresh Fruits & Veggies Bar						
<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>		<b>43525</b>						
<b>Meatball Hoagie</b> Meatballs in sauce on a hoagie roll Potato Cubes Zucchini Chilled Pears  Fresh Fruits & Veggies Bar		<b>Chicken Taco Meat</b> Whole Grain Tortilla Shredded Cheddar Cheese Shredded Romaine Lettuce Refried Beans, Diced Tomatoes Fresh Apple Taco Sauce Fresh Fruits & Veggies Bar		<b>Turkey and Swiss Ciabatta</b> Turkey and Swiss on a Ciabatta Bun Creamy Mashed Potatoes Fresh Broccoli Fresh Melon WG Teabiscuit w/ butter (HS only) Fresh Fruits & Veggies Bar		<b>Chicken Patty</b> Green Beans WG Hamburger Bun Fresh Carrots Fresh Grapes  Fresh Fruits & Veggies Bar		<b>Italian Seasoned Beef</b> WG Garlic Toast Grape Tomatoes, Ranch Dressing Sliced Romaine & Iceberg Salad Fresh Orange, Applesauce Mozzarella Cheese Fresh Fruits & Veggies Bar						
<b>Monday Breakfast</b>		<b>Tuesday Breakfast</b>		<b>Wednesday Breakfast</b>		<b>Thursday Breakfast</b>		<b>Friday Breakfast</b>						
Breakfast Bar String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice		Warm Bagel Cream Cheese 4 oz Juice Cup Fresh Fruit Milk Choice		Assorted Muffin String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice		Breakfast Roll String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice		Warm Pop Tart String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice						

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1% MILK, FAT FREE CHOCOLATE AND STRAWBERRY MILK.

ALL BREADS SERVED ARE WHOLE GRAIN. Lancer Dining does not serve any products that contains pork, peanuts or peanut oil. All products are baked or steamed, never fried.