

Breakfast costs 1.80 per day*

Lunch costs 3.00 per day*



* Lunch costs \$3.50 per day if students do not take 1 full cup of fruit or vegetables. We strongly encourage students to take 1 full cup of fruit or vegetables for school lunch and 1/2 cup of fruit for school breakfast.

Menu Subject to Change				
MARCH MENU				
2017-2018				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Popcorn Orange Chicken Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Grapes Ranch Dressing	Walking Tacos Seasoned Beef, Nacho Chips Shredded Cheese Shredded Romaine Baby Carrots Fresh Melon Giant Graham (HS only)
5	6	7	8	9
Crispy Chicken on a Bun Celery Smiles Steamed Corn Chilled Pears	Mini Turkey Corn Dogs Vegetarian Baked Beans Romaine Salad Fresh Banana Raisins (HS Only)	BBQ Beef Riblet Hoagie Roll Glazed Carrots Fresh Sugar Snap Peas Applesauce	Sweet & Sour Chicken Meatballs Vegetable Brown Rice Fresh Broccoli & Ranch Dressing Grape Tomatoes Fresh Melon	Italian Meatsauce over Penne Pasta Mixed Green Salad Fresh Apple Ranch Dressing
12	13	14	15	16
No School - Staff Development	Chicken Tacos Whole Grain Tortilla Shredded Cheddar Cheese Salsa, Shredded Romaine Chipotle Style Beans Fresh Banana & Pineapple Tidbits	Meatball Hoagie Beef Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Fresh Apple Tater Tots & Ketchup Celery Smiles	Turkey Cheeseburger Hamburger Bun Shredded Lettuce Roasted Red Potatoes Fresh Strawberries Ketchup	Garlic Cheese Pizza Bread Marinara Sauce Kale & Romaine Salad Italian Dressing Fresh Orange Juice Cup (HS only)
19	20	21	22	23
Beef Hot Dog on a Bun Jicama Sticks & Ranch Dressing Chilled Mixed Fruit Vegetarian Baked Beans Harvest Cheddar Chips (HS Only)	Chicken Cheddar Wrap Zucchini Coins Fresh Banana and Craisins Giant Graham Cracker	BBQ Chicken Slider Mac & Cheese Fresh Broccoli & Carrots Ranch Dressing Fresh Apple	Cheese Stuffed Breadsticks Marinara Dipping Sauce Spinach Salad Italian Dressing Celery Smiles Fresh Grapes	Turkey Ham and Cheese Ciabatta Fresh Broccoli w ranch Steamed Carrots Fresh Melon
26	27	28	29	30
Sabino's Pizza Burger Italian Seasoned Beef on Garlic Toast Shredded Mozzarella Cheese Baby Carrots Hummus Craisins and Applesauce	BBQ Beef Meatballs Fresh Broccoli Potato Wedges & Ketchup Cornbread Fresh Grapes	Chicken Cheddar Wrap Romaine Salad & Italian Dressing Baby Carrots Fresh Melon Harvest Sun Chips	Beef Tacos Whole Grain Tortilla Cheddar Cheese Shredded Romaine Lettuce Refried Beans Fresh Apple Taco Sauce & Sour Cream	No School - Conference Prep
Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast
Breakfast Bar String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Assorted Muffin String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Warm Bagel Cream Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Breakfast Bread Loaf String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Warm Pop Tart String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice
MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE CHOCOLATE. ALL BREADS SERVED ARE WHOLE GRAIN. Lancer Dining does not serve any products that contain pork, peanuts or peanut oil. All products are baked or steamed, never fried. All breads are whole grain.				