

Breakfast costs 1.80 per day\*

Lunch costs 3.00 per day\*



\* Lunch costs \$3.50 per day if students do not take 1 full cup of fruit or vegetables. We strongly encourage students to take 1 full cup of fruit or vegetables for school lunch and 1/2 cup of fruit for school breakfast.

<b>JANUARY MENU</b>				
<b>2017-2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1	2	3	4	5
<b>Winter Break No School</b>		<b>Meatball Hoagie</b> Beef Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Fresh Apple Tater Tots & Ketchup Celery Smiles	<b>Turkey Cheeseburger</b> Hamburger Bun Shredded Lettuce Roasted Red Potatoes Fresh Strawberries Ketchup	<b>Garlic Cheese Pizza Bread</b> Marinara Sauce Kale & Romaine Salad Italian Dressing Fresh Orange Juice Cup (HS Only)
8	9	10	11	12
<b>Beef Hot Dog on a Bun</b> Jicama Sticks & Ranch Dressing Chilled Mixed Fruit Vegetarian Baked Beans Harvest Cheddar Chips (HS Only)	<b>Chicken &amp; Gravy</b> <b>Creamy Mashed Potato</b> Bread & Butter Zucchini Coins Fresh Banana and Craisins Giant Graham Cracker	<b>BBQ Chicken Slider</b> <b>Mac &amp; Cheese</b> Fresh Broccoli & Carrots Ranch Dressing Fresh Apple	<b>Cheese Stuffed Breadsticks</b> <b>Marinara Dipping Sauce</b> Spinach Salad Italian Dressing Celery Smiles Fresh Grapes	<b>Turkey Ham and Cheese Ciabatta</b> Fresh Broccoli w ranch Steamed Carrots Fresh Melon
15	16	17	18	19
<b>MLK Break No School</b>		<b>Creamy Pasta Alfredo</b> Penne Pasta Romaine Salad & Italian Dressing Baby Carrots Fresh Melon WG French Bread w Butter	<b>Beef Tacos</b> Whole Grain Tortilla Cheddar Cheese Shredded Romaine Lettuce Refried Beans Fresh Apple Taco Sauce & Sour Cream	<b>Teriyaki Chicken Slider</b> Hamburger Bun Chicken Egg Roll Sweet & Sour Dip Crunchy Cauliflower Florets Chilled Pineapple
22	23	24	25	26
<b>Chicken Strips</b> BBQ Dipping Sauce Green Beans Carrot Sticks & Ranch Dressing Fresh Apple Dinner Roll & Butter (HS only)	<b>Cheeseburger</b> Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Fresh Apple Craisins (HS Only)	<b>Chicken Drumstick</b> Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Mandarin Oranges Whole Grain Cookie Whole Grain Bread, Butter (HS Only)	<b>Popcorn Orange Chicken</b> Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Grapes Ranch Dressing	<b>No School Conference Prep</b>
29	30	31	Feb 1	Feb 2
<b>Crispy Chicken on a Bun</b> Celery Smiles Steamed Corn Chilled Pears	<b>Mini Turkey Corn Dogs</b> Vegetarian Baked Beans Romaine Salad Fresh Banana Raisins (HS Only)	<b>BBQ Beef Riblet</b> Hoagie Roll Glazed Carrots Fresh Sugar Snap Peas Applesauce	<b>Sweet &amp; Sour Chicken Meatballs</b> Vegetable Brown Rice Fresh Broccoli & Ranch Dressing Grape Tomatoes Fresh Melon	<b>Italian Meatsauce over Penne Pasta</b> Mixed Green Salad Fresh Apple Ranch Dressing
<b>Monday Breakfast</b>	<b>Tuesday Breakfast</b>	<b>Wednesday Breakfast</b>	<b>Thursday Breakfast</b>	<b>Friday Breakfast</b>
Breakfast Bar String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Assorted Muffin String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Warm Bagel Cream Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Breakfast Bread Loaf String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice	Warm Pop Tart String Cheese 4 oz Juice Cup Fresh Fruit Milk Choice

MILK VARIETY SERVED AT EVERY MEAL  
\*Lunch Dining does not serve any products that contain peanuts\*