

9-12 APRIL LUNCH MENU

LANCER
DINING SERVICES
menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL	6 NO SCHOOL	7 NO SCHOOL
Chicken Tenders 10 BBQ Sauce Green Beans Carrot Sticks & Ranch Dressing Dinner Roll, Butter Fresh Apple ALTERNATE: Turkey Ham & Cheese Sub	Cheeseburger 11 Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Ranch Dressing & Ketchup Fresh Grapes ALTERNATE: Chicken Caesar Wrap	Chicken Drumstick 12 Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Dinner Roll Fresh Orange, Applesauce Whole Grain Cookie ALTERNATE: Turkey Club Sub	Crunchy Orange Chicken 13 Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Ranch Dressing Fresh Banana & Grapes ALTERNATE: Southwest Chicken Wrap	14 NO SCHOOL
Crispy Chicken on a Bun 17 Grape Tomatoes & Ranch Dressing Steamed Corn Mayo Chilled Pears ALTERNATE: Italian Cold Cut Combo	Mini Turkey Corn Dogs 18 Vegetarian Baked Beans Romaine Salad French Dressing Ketchup Fresh Banana, Pineapple Tidbits ALTERNATE: Chicken Cheddar Wrap	Sweet & Sour Chicken Meatballs 19 Vegetable Brown Rice Fresh Broccoli & Ranch Dressing Celery Smiles Fresh Melon ALTERNATE: Roast Turkey And Cheese Sandwich	Roast Turkey & Gravy 20 Buttermilk Biscuit Glazed Carrots Fresh Sugar Snap Peas Applesauce Cup Dried Cranberries ALTERNATE: Turkey Club Sub	21 Pizza Mixed Green Salad & Ranch Dressing Zucchini Coins Fresh Apple
French Toast & Syrup Turkey Sausage 24 Fresh Cucumbers Chilled Peaches Wango Mango Veggie Juice ALTERNATE: Turkey Ham & Cheese Sub	Chicken Tacos 25 Whole Grain Tortillas Shredded Cheddar Cheese & Taco Sauce Diced Tomatoes, Shredded Romaine Carrot Sticks Fresh Banana, Mandarin Oranges ALTERNATE: Chicken Caesar Wrap	Mighty Meatball Foldit 26 Beef Meatballs in Marinara Sauce Flatbread, Shredded Mozzarella Cheese Tater Tots & Ketchup Celery Smiles Fresh Apple ALTERNATE: Turkey Club Sub	Turkey Cheeseburger 27 Hamburger Bun Shredded Lettuce Vegetarian Baked Beans Ketchup Fresh Strawberries, Applesauce ALTERNATE: Southwest Chicken Wrap	28 Pizza Baby Carrots & Fresh Broccoli Ranch Dressing Mandarin Oranges
		 <p>FRESH FAVORITE</p> <p>KOHLRABI Kohlrabi is part of the cabbage family. It has a mildly sweet and crispy texture and is a great source of Vitamin C, which acts as an antioxidant to help fight illness!</p>		<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."